

# Vaccinating our Saints:

## Carroll nursing students receive COVID-19 vaccine

Rylee Jacobson

Staff Writer

Nursing students are some of the first on Carroll's campus to be vaccinated for COVID-19 under Montana's phase one of the vaccine rollout plan. Carroll's nursing students fit in the first phase of the vaccine rollout, alongside healthcare workers delivering in-person patient care.

"I am grateful that our Carroll College nursing students have an opportunity to receive the vaccine, as most of them are providing direct patient care every week at their clinical sites," said Stephanie Burkholder, an assistant nursing professor and former public health nurse. "We teach our future nurses about patient safety in every class, but I'm so happy we now have a tool to help keep our nurses, nursing students, and other healthcare providers safe."

On Feb. 5, President John Cech announced that Carroll College would be a point-of-distribution for the COVID-19 vaccine. Nursing staff and students were gearing up to administer doses of the vaccine in a drive-through setup at Carroll College's Nelson Stadium. These clinics were set to take place on Thursdays and Fridays weekly, beginning Feb. 11 and Feb. 12. However, due to inclement weather, the Feb. 11-12 vaccination clinic was moved back to the fairgrounds.

On Feb. 14, Lewis and Clark Public Health issued a statement that due to limited vaccine supplies Carroll College will again not be utilized for second doses the week of Feb. 18-19.

"The Carroll College POD (point of distribution) remains important tool in devel-



Photo courtesy of Carroll College

Students walking to class from the Cube.

oping local flexibility to adapt to changing conditions," said Lewis and Clark Public Health. "Therefore, the local vaccine planning team will continue to train key staff in preparation to serve the Carroll POD once vaccine supply increases."

Carroll's senior nursing students also have been volunteering at Lewis and Clark County vaccine clinics held at the Helena fairgrounds. Nursing students have been able to experience the Lewis and Clark County drive-through vaccine clinics themselves to receive the Moderna or Pfizer vaccine.

The vaccine is limited in supply and

high in demand. Nursing students must register with the county prior to getting the vaccine. If there are no registration times available, future clinics will have space. At the time of publication this vaccination is not required for nursing students.

Helena Kurschner, a junior nursing major from Hood River, Oregon, has been vaccinated and recommends the vaccine to those who are able. She would say to someone who is hesitant about the vaccine: "It's not only protecting themselves, but the people who they love."

To Kurschner, being vaccinated means

"doing the good thing of creating herd immunity and moving towards a freer world."

The second phase of the COVID-19 vaccine rollout is composed of high-risk Montanans. Those age 70 or older qualify, as well as those age 16 and older with a high-risk medical condition, or Native Americans and others whose ethnicity puts them at high risk.

According to Montana Department of Health and Human Services, "It is anticipated that the vaccine will be broadly available to Montanans ... during the summer."

# Carroll Saints march forward into spring semester

Paige Wollan

Staff Writer

Even with relatively low numbers of COVID positive students, it is clear that the virus still exists in our community. That is why it is essential to continue to take precaution and practice social distancing in order for us to continue with an in-person and on campus experience this spring.

Sarah Lawlor, the director of public relations at Carroll College, advises students to continue to be smart and stau safe.

"We really want to encourage students to continue to take advantage of the asymptomatic testing," said Lawlor. It is a good way to prevent any large outbreaks - especially with the risk of new variants of COVID emerging."

Lawlor goes on to say that she understands everyone is tired of the pandemic, but we are no way 'out of the woods' just yet.

The college is confident that we will see the same successful results as we did this fall. With changes in testing, new therapeutics, vaccines on the horizon, and additional scientific data about how the virus spreads, Carroll College is prepared to create an effective plan to help students achieve their educational goals.

This spring, Carroll is partnering with Shodair Children's Hospital to administer COVID-19 testing with 24-hour turnaround results. Shodair was approved to use the "SalivaDirect" method that was developed by the Yale Public School of Health. Results show that SalivaDirect is highly sensitive and is accurate 94 percent of the time.

In addition, many of our student-athletes are in season this spring because of the shift due to COVID. The athletes are required to do regular testing while in season. This new arrangement allows for efficient tests of large groups of students.

Ongoing COVID-19 testing for asymptomatic students, faculty and staff continues Mondays and Tuesdays from 9 a.m. to 11:30 a.m. at Wellness Center with no appointment necessary.

If you have symptoms, contact the Wellness Center or your healthcare provider and follow the guidelines on the Marching Forward website under the heading "If you feel ill." There are many locations in the Helena community to obtain a COVID-19 test.

Please direct any questions to the Marching Forward team by emailing covid19@carroll.edu or visit <https://www.carroll.edu/safety-emergency/covid19> for more information.



Photo courtesy of Carroll College

Students practice social distancing while in class.

## COVID at Carroll

6 new, laboratory-confirmed COVID-19 cases, with 8 current active cases.

As of 5 p.m. on 2/11/2021

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## Editorial: Welcome 2021!



Kelsey Jones and Emily Murgel stand outside St. Charles Hall.

Photo courtesy of Patrick Hewes

To say 2020 was a train wreck lit on fire would be an understatement. Last year, every curveball that could have been thrown our way was hurled at us, and the curveball was on fire. We lived through a global pandemic, social uprisings, wildfires, [two] presidential impeachments, a global lockdown, and if you're a Carroll College student, you most likely survived testing positive for COVID-19 or the dreadful two weeks of quarantine from being a close contact.

There is a lot to be grateful for in 2021 and we are only two months in. 2021 is a time to turn a new corner. This should be the year you do whatever you were thinking about during lockdown.

Maybe this year you can go on that trip. You can exercise more, eat healthier, improve your grades, spend more time with your family and friends, or whatever you were dreaming about while the world was at a standstill and you were locked in your parents basement. Slowly, but surely, our world is returning to the 'pre-COVID

era' where we were allowed to break the six foot invisible bubble around people.

We are not out of the pandemic yet, but the light is starting to become visible at the end of this dreadful tunnel. Until everyone who is high risk for the virus is vaccinated, we cannot let our guard down.

As more and more people get vaccinated, we can return to the shenanigans of college life before a pandemic, but until then, let's be smart.

In order for Carroll to safely remain open and to keep our students, faculty and staff safe, it is essential to continue following COVID-19 guidelines and wear a mask. So before you pass your beer bong along to your friends, remember the people in your life that could be affected. Even though you may be low risk, your parents, grandparents, and professors are the most vulnerable.

This past year has presented challenges for many of us, and like you I have struggled with overcoming them. Whether it be struggling with academics or social life there was one key idea that got me through it all.

What has continuously gotten me through this school year is choosing to be compassionate, no matter the struggle or hurt.

"Compassion is not a virtue -- it is a commitment. It's not something we have or don't have -- it's something we choose to practice" Brene Brown.

Brown's quote demonstrates that as individuals we have the ability to be compassionate or to react poorly. Being compassionate doesn't mean that we aren't allowed to feel other emotions or be upset. However, actively choosing to be compassionate means understanding that adding more stress and frustration into a situation will not get us out of it.

Compassion demonstrates that we do care for others and are sympathetic and understanding to one another's struggles. Showing compassion is an opportunity to allow someone to be heard and accepted for who they are.

I have chosen to be compassionate in my everyday life because I personally do not think this community or world needs any more frustration or anger.

Carroll College has a strong community, but it's also a community that does not always support one another. There have been times where it is a constant battle between who we are as a community and college and what others believe the ideal image of Carroll College needs to be.

What Carroll College needs to be is a place where all students and faculty are treated with compassion and respect. There is no harm from being a community that cares for another. However, there is harm in a community that is unwilling to respect one another and their differences.

Practicing compassion doesn't just benefit the community, but it will also benefit the individual. Choosing to be compassionate to others will lead to an internal compassion, for one's own being. The struggles we face will not disappear when we are compassionate to others and ourselves, but it will make overcoming them more obtainable.

Truly yours,  
Kelsey Jones

Truly yours,  
Emily Murgel

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# Balancing our budget: Realign, Reinvest, & Reimagine

Megan Michelotti

Staff Writer

Carroll College President John Cech announced Realign, Reinvest, and Reimagine for Our Future (RRR) on Dec. 14, 2020, a plan to combat the college's widening budget gap due to the crises of a competitive undergraduate arena and COVID-19.

Carroll has an annual operating budget of around \$53.3 million. Part of the budget goes to students as financial aid discounts. Around 92% of the operating revenue is derived from tuition, fees, housing, and dining. The remaining 8% comes from donations, investment income, athletic revenues, the bookstore, conferencing, and more. Carroll is committed to balancing its budget annually.

When enrollment challenges became prevalent in 2019, the Program Prioritization Plan was implemented. The goal was to attract more students while maintaining balanced finances and dedication to the liberal arts.

According to the Helena Independent Record, the Program Prioritization Plan cut five majors, 10 minors, three certificates and one associate degree. All of the students who were enrolled in these programs are allowed to finish.

Now, Carroll faces both the financial struggles of lower enrollment numbers and the extra costs of operating during a pandemic. Cech points out that only 27% of colleges and universities made it through fall semester 2020 without spending a single day entirely remote. Carroll was one of them.

While a certain level of privacy is required for those affected by RRR, some faculty and staff have felt on edge due to the overall lack of transparency. Across departments, people come to work wondering if they will get that email, and it will be their last day.

"Many faculty members think that the college will function better if a wide set of the people who work here are able to provide input into budget decisions," said Dr. Alex Street, associate professor of political science and international relations. "The people doing the work may have the clearest sense of which activities cannot be cut without doing long-term harm."

Members of the RRR task force include 16 faculty, staff, and administrators of Carroll. The RRR task force has been focusing on realistic budget reductions, attainable increases of revenue, and key operational efficiencies since July 2020. However, making these decisions has been no easy feat.

Some realistic budget costs that have been identified are an early retirement incentive program for tenured professors that meet certain criteria. Staffing adjustment decisions were made based around upcoming retirements and decisions not to rehire certain already vacated positions. Carroll will be reviewing contracts and agreements with college vendors.

A few eliminations and alterations of academic programs are being considered. Carroll plans on adjusting athletic scholarship levels while maintaining the current athletic roster expectations. Several faculty and staff positions will be eliminated or reduced.

"These are people you also care about. It's very hard to make decisions you think are best for the long-term health [of Carroll] that you know are going to really impact someone's life," said Cathy Day, the vice president of academic affairs.

Carroll is looking at certain revenue enhancements. Building off a strong reputation for healthcare education, Carroll is launching an Accelerated Nursing program in May. A new Master's in Social Work program will follow in the fall of 2021. A certificate in Healthcare Administration and Leadership will be added among other certificate programs. Business plans are in development for a Master's in Public and Population Health.

Also being looked at are co-curricular and extra-curricular activities, such as living-learning communities, marching band, junior varsity teams, and varsity eSports. All of these are being explored as ways to enhance the student experience.

A certain key operational efficiency is the creation of a new Division of Student Engagement and Mission Integration headed by Michael McMahon, whose previous role was as Carroll's Vice President for Institutional Advancement. McMahon, who graduated from Carroll in 2004, served as vice president for enrollment management at The University of Mary before returning to Carroll.

This new division will encompass admissions, financial aid, marketing, student services, residential life, wellness, the Saints Success Center, and Campus Ministry. If approved by the board, this new division will be implemented in the 2021 school year.

"It has been the case that these disparate units have worked well together in the past, but I think the intention is that there still might be greater opportunity for collaboration merged underneath a single division," said McMahon. "It feels as if it would be the height of arrogance to come in and offer too much direction before I've had the opportunity to really meet and engage with those who will be a part of this new division and to hear their ideas for what we can accomplish together."

Through the RRR plan, a concept has emerged called "The Big Idea." Any Carroll faculty or staff member can submit ideas to this committee that either generate stable revenue or launch a distinctive service or program for Carroll. The funding for these ideas will come from "a special unrestricted endowment," according to the Carroll website.

Academic reorganization is another key operational efficiency that faculty is focusing on and will take place next year, according to Cech. Under a new proposal, Carroll's 17 departments and 13 program directors would be organized into schools, with a goal to enhance efficiency in communication and budgeting.

With all the talk of balancing budgets, revenues, and operational costs, it's easy to boil down RRR to just numbers and finances. However, the mosaic of Carroll is made up of more than just money.

"We are really focused on the bottom line. We are focused on numbers. We are focused on budgets, and that's the reality of part of what it means to have a college. But education is so much more than a business. It also has a value premise and a people premise that is not quantifiable with dollar signs," said Day.

Carroll has had 18 presidents total, but only two have faced the unique challenges brought during a pandemic. The Very Rev. Peter F. MacDonald steered the college through the Spanish Flu of 1918. Now, Cech and the RRR plan must navigate Carroll past the COVID-19 iceberg.

"We must focus on the long-term sustainability of Carroll College while addressing our short-term priorities," said Dr. John Cech, president of Carroll College.

The RRR plan will play into Carroll's long-term strategic planning process, which if approved by the Carroll Board in May, will go into effect 2021 school year.

"Every time human beings have gone through crisis and have overcome it and thrived as a result of it, they follow the same path," said The Rev. Patrick Beretta, a member of the board of trustees.

Beretta continued to read the following quote from American Literature Professor Joseph Campbell about overcoming crisis.

"Heroes of all time have gone before us. The labyrinth and the path are thoroughly known... Where we thought to travel outward, we will come to the center of our being, and where we thought to be alone, we will be with the whole world."

## The Five RRR Criteria

### 1. Current and Future Class Enrollment

As of fall 2021, Carroll's enrollment was 1,123 students. By 2024, Cech wants to grow Carroll's enrollment to 1,600 students.

### 2. Service to Students and

### 3. The Student Experience

Combining student engagement and mission integration is designed to serve students better and add to the student experience.

When asked about these two criteria, McMahon turned the question around.

"I'm interested in student answers because this is the work of this new division [Division of Student Engagement and Mission Integration], to hear the voice

of the students and to respond with creative, meaningful opportunities to serve with us in offering things that would be of most value [to students]," said McMahon. "Let's find a way to allow our students the opportunity for a rich, joyful, radiant life."

Another service to students that will add to the student experience is the creation of the first Diversity and Equity Task Force at Carroll that is co-chaired by Judy Hay, the interim dean of students, and Dr. Doreen Kutufam, associate professor of communications. This task force deals with responses and protocols for identifying, reporting, and dealing with bias incidents and hate crimes at Carroll with the hope of spreading awareness and safety.

### 4. Campus and Workplace Environment

Another criterion for RRR is if a recommendation is advantageous to the campus and workplace environment. Carroll wants to create a college that not only draws students but also staff and faculty.

### 5. Reputation, Brand, and Catholic Identity

According to the Pew Research Center, the United States is seeing a decline in

people identifying as religious. A study of 88 surveys from 2009 to 2019 that interviewed over 168,890 Americans showed that 76% of baby boomers described themselves as Christian. On the other hand, only 49% of millennials described themselves as Christian.

According to Carroll's website, around half of enrolled students report they are Catholic while the other half belongs to other faiths, denominations, or non-believers.

Knowing this, Carroll seeks to strike a balance between being faithful to its Catholic identity, while being welcoming to all students, regardless of faith.

"Companies [and colleges] that focus on 'what' we do, and 'how' we do it are rarely successful or lasting unless they orient both of those questions around the central question 'why' do we do it," said Dan Thies, major gifts officer and former campus minister. "Higher education spends most of its time in the 'what' and the 'how,' but if you weave a 'why' that addresses the fundamental questions of

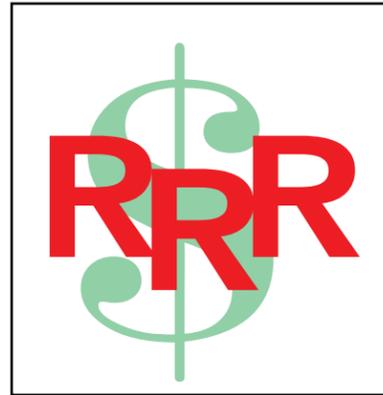
our hearts and lives, through those questions, beautiful and incredible lives become the fruit of that kind of adventure and discovery."

A student doesn't have to be Catholic to reap the benefits of a Catholic education. In fact, there are ways in which a Catholic education may be of more value to a student than a secular one.

Beretta pointed out that Dr. Anthony Fauci, the current director of the National Institute of Allergy and Infectious Diseases, is a product of Catholic education.

As an alum of Regis High School in New York, Fauci was asked to address the graduating high school class of 2020. In it, he stated that a Catholic education has helped prepare him for his work by installing intellectual rigor and a passion for service for others.

"If that's what we can give at Carroll to our students who go into the real world... if we can give someone a true respect for intellectual rigor and a passion for service at a time when some many people have been hurt by this pandemic, it resonates. It's very, very powerful," Beretta said.



## Become a published writer!

The Colors Magazine wants Carroll College student photographers and writers to email submissions to [colors@carroll.edu](mailto:colors@carroll.edu) before Sunday 11 p.m. so their work can be published.

The photography themes are portraits, provocative, photoshop and nature. The Colors Magazine wants the models' names and a short photo description attached.

The written themes are fantasy, identity, taboo topics, and personal stories. The magazine wants essays and short stories to be between 500 and 1,200 words and poems to be between three and 106 words.

"I am looking for thought-provoking written works from enlightening rants and interviews to transformative escapism," said Hope Angelica, the Colors magazine head editor, a Junior in English from Emigrant, Montana.

For more information, call (406) 451-3004.

# Talking Saints take the regional title for the 31st year

Press Release

The Talking Saints won a share of the Northwest Forensics Conference championship on Sunday, marking the 31st consecutive year the team has won or shared the crown. This year the honor was shared with Boise State University, coached by Talking Saint alum, Manda Hicks '97.

The final regional championship tournament was held virtually in Bellingham, Washington, at Western Washington University. The Talking Saints competed in dorm rooms, classrooms and empty spaces across the Carroll campus, laptops in hand.

Carroll also won the conference award honoring the top debate program in the region, and was second best Division I speech program. The team won a total of 30 individual and team awards.

Leading the way was Carroll's top debate team, senior Josh Mansfield of Pocatello and sophomore Hellie Badaruddin, from Missoula who won Open Debate, completing their sweep of debate at both regional championships. In the final round they beat the University of Alaska, Northwest University and a second Carroll team, sophomores Vinny Gallardo of Butte and Roisin O'Neill of Lake Oswego, Oregon. "The Carroll family should be very proud of these students," said coach Brent Northup. "We scaled back our program this pandemic year. We had fewer practices and entered half as many events. Winning really wasn't our goal. We just wanted to keep safe and make sure classes went OK. But the kids seemed to respond by turning it up a notch. It's nice to shine some light on Carroll in what's been a very stressful year for everybody."

Once again Carroll debaters led the way. Six of the eight top speaker awards in debate were won by Saints. Junior Taylor Potts won third best open speaker, followed in order by senior Teigen Tremper, Mansfield, Gallardo, Badaruddin and junior David Lange. Winning junior debate speaking recognition were first year students Elissa Mazkour of Beirut, Lebanon, Josie Howlett of Bigfork, Montana, and Melissa Jagelski of Ontario, Oregon. Badaruddin added a victory in Extemporaneous speaking to her two debate awards.

Team president Teigen Tremper, a senior from Whitefish, Montana, closed out her four-year career in public speaking by winning open Impromptu Speaking. Tremper was a high school impromptu champion who kept winning through four college years at Carroll.

"After seven years starting as a sophomore in high school, winning at my last impromptu tournament was a perfect ending to a year where perfect endings didn't seem to be an option," said Tremper. "I gave a speech on how communication can bring unity in a year of divisiveness and isolation."

The Carroll Talking Saints boasts one of its highest Grade Point averages ever. Nine students achieved 3.9 or better in



The Talking Saints, aka the Digital Saints, sit on the steps of St. Charles Hall with laptops ready for COVID competition.

Photo courtesy of Brent Northup

the Fall Semester, and the median for the team was 3.8, with only one below 3.4.

"That academic work ethic carries over to speech and debate," says Northup. "They're also nice kids, who are good sports win or lose."

First year speaker Matt Glimm of Kalispell won third in both novice impromptu and novice extemp. Taylor was second in impromptu, and reached finals in extemporaneous speaking.

The Northwest Forensics Conference ended the awards ceremony by presenting the Brent Northup Award to the MVP of the NFC, Chauncey Koulibali of Whitworth University. The award was renamed last year in honor of Carroll's coach, who served as conference president for 24 years.

"That almost brought me to tears to watch Chauncey receive her honor on the screen," said Northup. "I've been so blessed in my years at Carroll coaching



Western winners: Josh Mansfield, Hellie Badaruddin, Teigen Tremper, Roisin O'Neill, and Vinny Gallardo.

Photo courtesy of Brent Northup

and teaching. This felt like the cheesecake after my salmon at On Broadway. I'm obviously tired of eating my own cooking at home."

The team is now pointed towards the national debate championships hosted by the University of Pennsylvania, April 16-19.

## Giving blood to fight COVID

Emma Jenkins

Staff Writer

Two free Superbowl 2022 tickets might be in the future of Carroll College students and Helena area residents who participated in the January Red Cross blood drive between Jan. 1-31, 2021.

This is a national Red Cross drawing and donors will be automatically entered

to win.

As an additional bonus, all completed donations will be tested for COVID-19 antibodies. Results will be provided to donors on their Red Cross Blood Donor app.

"Any donation that tests positive for the antibodies will have its plasma used as convalescent plasma to help those battling COVID-19," said Nona Keeler, Carroll College alumna. She is an account

manager for the American Red Cross Blood Services. The first blood drive of the semester was on Jan. 27 and Jan. 28.

"Due to new COVID-19 regulations, temperatures were taken before the check-in process began," said Keeler.

Follow the link for more information on antibody testing: <https://www.redcross-blood.org/donate-blood/dlp/covid-19-antibody-testing.html>

Makenzie Rowan, a political science

major from Santa Monica, California, said donating blood was a good experience for her.

"The people working the blood drive were very kind. I expected a lot more students to donate but I did not see many other students," said Rowan.

If students have any questions, contact Keeler at [nona.keeler@redcross.org](mailto:nona.keeler@redcross.org) or Patrick Harris at [pharris@carroll.edu](mailto:pharris@carroll.edu).

## Spring Fever Week: Promoting healthy relationships

**Katelyn Neuhaus and Mary Hall**

*Spring Fever Planning Committee*

Valentine's Day 2021 kicked off Spring Fever for the Saints!

For the past several years, the week of Spring Fever has presented the perfect opportunity to educate students and faculty on a diversity of topics to enhance personal well-being and build healthy relationships. This year's events focused on promoting healthy relationships, sexual assault consent and prevention, the dangers of social media, self-care and current campus climate.

The events were held both in person and over Zoom to accommodate the needs of all students, staff and faculty members who chose to participate. A maximum of 50 people were able to attend each event in person while abiding safe social distancing standards, while the other participants were able to enjoy the events from the comfort of their homes, offices, or dorm rooms.

The first event, a panel presentation on Consent and Sexual Assault Prevention, took place on Feb. 15. Select faculty members from the Psychology and Health Science at Carroll College; were joined by Jason Grimmis, Director of Campus Security and Public Safety, Judy Hay, Interim Dean of Students, and Shawn Reagor from the Montana Human Rights Network to kick off the week.

Jason Grimmis' contributions gave us insight into how to best stay safe on campus while informing us about the security measures in place on campus; Leslie Angel, associate professor of Psychology and Anthrozoology, and Kelley Parsley, assistant professor of Health Sciences,

shared their experience and viewpoints related to sound health and well-being from the fields of psychology and health; and Shawn Reagor provided us with insight from the LGBTQ+ community, which is often overlooked in conversations about consent and sexual assault.

It was an outstanding event which provided necessary and insightful information concerning safety, consent and sexual assault prevention.

The second event, "'We Too' Speak Out," took place on Feb. 16. In previous years, this has been a favored event by the Carroll community, and this year did not disappoint--it was just as impactful as ever. Volunteer speakers read anonymous testimonies, submitted by students and faculty, sharing personal stories of sexual assault.

Their stories always strike a chord with the audience, deeply impacting those who avail themselves to listen compassionately. The Carroll College Choir was also invited to perform in the event, during which five students performed their moving rendition of the song "Quiet" by MILCK, selected, conducted and accompanied by Carroll College Choir Director, Dr. Maren Haynes Marchesini.

The third event, the Social Media and Relationships Panel, was facilitated on Feb. 17. Faculty panelists Doreen Kutufam, associate professor of Communication Studies, and Julian Nolen, assistant professor of Psychology, were joined by guest panelists from the Carroll Wellness Center and a Detective from the Helena Police Department to speak each from their own discipline and answer questions regarding the benefits and dangers of social media and how it can both negatively and positively affect relationships.



In today's social and political climate, coupled with the impact of the pandemic, technology has been the primary way for people to connect and remain in contact with friends and loved ones, as well as create new and meaningful relationships, though sometimes at a cost.

The final event, Self-Care in Turbulent Times, was a student-only event held on February 18th. It was designed to help students learn to properly take care of themselves during hectic times, while hearing advice from qualified professionals on the topic.

Spring Fever Week is truly a life-chang-

ing and educational experience for all, filled with many necessary and important life topics. The goal of the week was to equip its listeners with useful tools and information to help them stay safe, take care of themselves and build healthy relationships.

The planning committee would like to thank all the speakers, panelists, participants and faculty who helped ensure the success of this event. Thank you to everyone who showed up or joined us via zoom. We hope that you all took much away from this incredible event and opportunity.

## CAMP welcomes new leaders

**Hope Angelica Grey**

*Staff Writer*

The Carroll Adventure and Mountaineering Program offered a variety of programs between Jan. 22 and Feb. 6 to keep campus active, while still respecting Carroll College's Covid-19 regulations.

The Carroll Adventure & Mountaineering Program (CAMP) welcomed Gus Corsetti, 18, Chloe Gallagher, 18, Hanarose Gironda, 19, Joe Hagenruber, 20, Taylor Leistikko, 20, Liam Lynch, 19, Katelyn McKay, 20, Chloe Unterseher, 20, and Sally Vogel, 18, as the new CAMP leaders. The application deadline was Jan. 22 at 5 p.m.

"My goal for this position is to introduce Carroll College students to the diverse outdoor experiences Montana has to offer," said Hagenruber, a junior environmental science major from Clancy, Montana. "My favorite thing about the outdoors is escaping technology and really soaking up the natural wonders that our world has to offer."

Hagenruber, who enjoys fishing, aims to show students anybody can participate in CAMP's activities. Hanarose Gironda, a sophomore nursing major from Boise, Idaho wants to learn more about the outdoors and get more involved with the Carroll community.

"I'm excited to be a leader and learn about what I can do to help out with fun programs for the students interested in getting outdoors," Gironda said.

CAMP offered a variety of opportunities, including ice fishing, a film festival, ski waxing and a trivia night.

"We always welcome ideas for events," said Bradley Maddock, the assistant director of Student Activities, Recreation and Leadership. "Reach out if you have any and we will try to make it happen."

CAMP took students ice fishing on Feb. 6 from 9 a.m. to 4 p.m. with equipment, instruction, and a fishing license provided.

"While waiting for any fish to bite, our crew drank hot chocolate and made new friends," said Luke Raffa, a sophomore psychology major from Castle Rock, Colorado. "While we may not have caught any fish, it was definitely worth it because I was able to meet new people and intro-

duce them to something they had never experienced before."

CAMP and Carroll Student Activities hosted a virtual trivia night called "Nerdology" on Feb. 4 at 7 p.m. Students joined a Zoom webinar to win prizes. The first place prize was an \$80 Amazon gift card, and the second place prize was a \$40 Amazon gift card.

"The nerdology trivia night was definitely worth attending," said Kathleen Bradt, a sophomore majoring in psychology from Pendleton, Oregon. "The hosts were amazing, and it was a great break from homework and a good activity to do with friends."

The program also hosted The Amp Mini Film Fest: a playlist of action and adventure films on Feb. 3 from 7-9 p.m. in the Simperman Auditorium.

They also offered free ski waxing on Feb. 2 from 6-9 p.m. at the Hunthausen Activity Center to teach students how to apply wax and repair their skis and snowboards with equipment, wax, and instruction provided.

Intramural sports sign-ups closed on Jan. 30 at 11:55 p.m. The sports included were singles table tennis, coed volleyball and women's volleyball.

The Hunthausen Activity Center (HAC) offers free Sleeping Giant Lanes bowling passes. They also offer Great Divide Ski Area and Showdown Montana day passes for \$25 until the end of the season.

The HAC is cleaned daily with a limit of 43 people at a time. The HAC's busiest times are between 4 p.m. and 8 p.m., according to Maddock. HAC users are responsible for cleaning the machines they use and returning items to their proper locations. Clean, non-marked soled shoes are required.

"We have had a few students using marking soles in both the gymnasium and the wood floor workout room," Maddock shared in an email on Wednesday, Jan. 20. "Our custodian scrubbing the marks out of the floor is a very time consuming process, and it is unkind to put a fellow human being through that."

For more information, email Bradley Maddock at bmaddock@carroll.edu or call the HAC front desk at (406) 447-4999.

## Playlist: Living Solo

**Helen Hoxie**

*Staff Writer*

If you spent Valentines Day alone, all is not lost. Filled with both sad songs and upbeat hits, this playlist is for the people flyin' solo. Single life is what it's all about.

1. Single Ladies (Put a Ring on It) - Beyoncé
2. No Scrubs - TLC
3. One in a Million - Down With Webster
4. Independent (feat. Lil' Boosie and Lil' Phat) - Webbie
5. Who Needs Love - Tory Lanez
6. Can't Tell Me Nothin - Kanye West
7. Alone (feat. BJRNCK) - HappyBirthdayCalvin
8. help herself - bbno\$ and Diamond Pistols
9. No Friends - HappyBirthdayCalvin
10. Ladies Night - Kool & The Gang
11. I Feel The Love - Tritonal, Ross Lynch, R5
12. Don't Call Me Up - Mabel
13. You Don't Own Me (feat. G-Eazy) - SAYGRACE
14. Solo - Samsa
15. Crush Culture - Conan Grey
16. God is a woman - Ariana Grande
17. Alone - Heart
18. Alone Again - Dokken
19. Rich Girl - Gwen Stefani, Eve
20. Move Along - The All-American Rejects
21. Get Money (feat. Junior M.A.F.I.A.) - The Notorious B.I.G.

# Petrovich directs CC's new master's program

**Vicente Gallardo**

*Staff Writer*

This year, Carroll College welcomed Dr. James Petrovich to serve as the inaugural director of the new Master of Social Work program. The Florida born, but well-traveled Petrovich comes to Carroll after a decade-long career at Texas Christian University that saw him become the Social Work Department Chair.

However, for Petrovich, Montana was always a special place.

"I lived in Montana for about a year, 30 years ago, and that was a really memorable time for me," said Petrovich. "I've always appreciated the mountains, and I appreciated the lifestyle of living around them. After I left Montana, I had always hoped to get back to the mountains one way or another."

The opportunity of the Master of Social Work program gave Petrovich the opportunity to come to Carroll and enjoy all Montana has to offer.

"Many colleges around the country are having to look at being more diverse with their academic offerings, and graduate studies is one direction a lot of colleges

are going," said Petrovich. A Masters of Social Work really makes sense for Carroll and Montana because of the real need for qualified and quality mental health practitioners in the State and region."

Petrovich likes to keep the community, and those that social workers serve, at the forefront of his academic mission.

"As a society there are many things we could improve, and social workers are about doing that and making the world a better place," said Petrovich. "That is what I am here to do, to start a program that will serve the needs of Montana by training and educating; qualified, quality, competent, and ethical graduate-level social workers who can go out, with a heart of service, a strong set of skills, and the knowledge needed to help people, groups, and communities."

Although the program is still in its early stages, Petrovich expressed his confidence in its foundations.

"The Carroll Administration did their due diligence. They went out and did their research, talked to the community and that is the information they used to determine the clinical focus and hybrid nature of the program. You want to be really careful starting new programs because you

obviously want it to be successful," said Petrovich. "You don't want to put a substantial amount of energy and resources into something that's not well thought out, but the Masters of Social Work program has been. I have arrived with the attitude that this program is going to be successful. Helena is a town that I've grown to appreciate, and Carroll is a community I enjoy being a part of."

Outside of the program Petrovich enjoys spending time outdoors, doing everything from hiking to mountain biking with his wife Rebecca and their two dogs.

"I can't wait to get out and cross country ski. I am excited to get out and spend as much time as I can outside," said Petrovich.

The Masters of Social Work Program is hiring more faculty in the coming months, developing curriculum, and continuing full speed ahead. Petrovich promises to be very busy in the coming months, but still wants to let the Carroll community know that he is always open to meeting new people.

Petrovich is eager to meet people on campus. Petrovich welcomes individuals to his office at St. Charles 133 B to talk about the program.



Photo courtesy of Carroll College  
Dr. James Petrovich, new director of the Master of Social Work

# Carroll College fills Interim Dean of Students position

**Morris Richardson**

*Staff Writer*

Annette Walstad, the director of The Saints Success Center & Academic Support, will assume the responsibilities of the Interim Dean of Students, Judy Hay, who will leave this position in May.

"I think it's awesome, well deserved, I think she's a very competent person and she has the right passion to help students," said Jake Samuelson, the assistant director of Academic Advising, who has worked alongside with Walstad at the Saints Suc-

cess Center.

Walstad has 30 years of experience in higher education and has worked at Carroll College since 2010. In addition to her current experience, Walstad has filled in for the Dean of Students.

"I have held this position two other times," Walstad said. "I filled in for our vice president of Student Life in November of 2016 and then again in December of 2018. Each time, I spent about six months overseeing these areas, so I'm familiar with the scope of the job and I'm looking forward to these new challenges."

Walstad will be responsible for supervising and coordinating the areas of Career Services, Global Learning, Veteran Services, Academic Advising, Residential Life and Housing, Campus Security, Student Activities, Wellness Center, and Counseling Services.

"My goal is to support all of the directors in the student services areas so that they can continue to focus on giving the best support possible for our students," Walstad said.



Photo courtesy of Carroll College  
Annette Walstad, new Dean of Students

# Keeping the Saints safe

**Mckell Walden**

*Staff Writer*

Carroll College is planning to implement new security measures to ensure the safety of students, faculty, and the Helena community with the help of a new director of campus security and public health.

"I am in the final steps of updating the Securitas Post orders to better reflect the needs and demands of the campus users," said Jason Grimmis, Carroll College's director of campus security and public health. "The number one driving factor of updating the Securitas post orders was

noticing an awful lot of downtime or lack of patrols."

Grimmis added how he wanted to make sure the officers are visible in parking lots, residential halls, and other campus buildings. He also wanted them to create rapport with students, staff, and faculty.

Natalee Deschamps, a sophomore from Plains, Montana, noticed minimal differences with security since the spring semester has started.

"I see more security people in hallways, but I have not seen them outside, which is the most concerning part of campus," said Deschamps. "I am concerned about the lack of lighting and cameras outside

because last year, one of my friend's tires on his truck got slashed. No one was caught or charged. I would feel safer as a female if they put more lighting, cameras in parking lots, and had security walking outside during the night."

Grimmis is optimistic that he will meet the needs of students. He sent a survey in November asking Carroll students for their concerns with campus security. Grimmis will prioritize completing the students' top five concerns.

The top five concerns listed in the survey were "Campus Emergency Procedures," who and how to contact the Emergency Response Team, lockdown

procedures, better lighting outside, and installing security cameras in parking lots.

"The campus needs extra lighting and most importantly probably cameras. Cameras, unless you have somebody monitoring the cameras 24/7, will not catch the person in the act, but they're going to be a deterrent," said Grimmis. "Secondly, if someone doesn't know there is a camera and they do commit a criminal offense... it's going to be used as an investigative tool."

Grimmis has been a part of the Carroll family since October 2020.

# Campus Ministry fights COVID-19 setbacks

**Tracy Ackeret**

*Staff Writer*

As the COVID-19 pandemic presses on, it presents several issues for students, faculty, and staff on campus. Many groups on campus have adapted to the challenges, including Carroll College's Campus Ministry.

On Dec. 23, 2020, Carroll College President John Cech released an email entitled "An Extraordinary Year" detailing changes within Carroll's faith community. The email emphasized additions to Campus Ministry stemming from COVID-19 restrictions.

"The addition this fall of four FOCUS missionaries (Fellowship of Catholic University Students) paired with our student peer ministers allowed for smaller, more personal encounters that fostered growth in friendship and faith," said Cech.

The Rev. Marc Lenneman shared his appreciation for the incorporation of

FOCUS missionaries.

"We're very grateful to the FOCUS missionaries for their great work in building relationships with students and helping them grow in their faith," said Lenneman. We minister in a person-to-person manner and having more good people who can do that on this campus is great, especially when we can't do larger group events."

Campus ministry revamped their previous in-person gatherings to meet with social distancing rules.

"We've eliminated seating at Masses and added extra liturgies to limit the size of the congregations. We've outright canceled most of our retreats and other events. We've had to get more creative in meeting with people," said Lenneman.

Despite the hardships within the group during this pandemic, students have utilized the available resources.

"On the flip side, we have more students attending Mass during the weekdays. I think those students are finding an

oasis of peace and stability in the midst of these unique times.

Lenneman praised peer ministers for their hard work and outreach with students.

"Our peer ministers have been great at encountering students on their floors and coming up with good, creative ways to connect and build relationships," said Lenneman.

Students involved with Campus Ministry experiencing these changes are grateful for the updates, both devised and implemented, by faith leaders.

"Ministry this year has come with challenges but there are also so many graces that have been present," said peer minister, Maggie Phelan, a senior health sciences and public health major from Meeker, Colorado. "Reaching out to individuals and engaging in intentional conversations has been a highlight of my year. I am very thankful for Father Marc, Father Bart, Deidre, the FOCUS mission-

aries, and all of Campus Ministry for their hard work and intentionality which has made this year so beautiful."

These revisions have occurred throughout the entirety of the pandemic. While changes may continue to occur as the COVID-19 pandemic persists, campus ministry maintains a steady outlook.

"While we've obviously had to adjust certain things significantly due to the pandemic, in many ways our work is the same as it always is," stated Lenneman. "We pray; we create spaces where people can encounter God's love; we enter into a relationship with each other in a personal way; and then we walk together through the realities of life. It's the same work that that Church has been doing since Jesus walked the earth. We're thankful to be able to do it with the great students who are at Carroll."

# Campus events

sunday	monday	tuesday	wednesday	thursday	friday	saturday
<b>FEBRUARY 2021</b>				7 p.m. Debate: Should colleges allow hateful speech? 7 p.m. Self-care in turbulent times 7 p.m. Fly Tying Thursday	7 p.m. Volleyball at Rocky Mountain College 8:15 p.m. Free Cinemark Friday	1 p.m. Volleyball at Rocky Mountain College 5 p.m. Women's basketball at Montana Western 7 p.m. Men's basketball at Montana Western
2 p.m. WBB at Montana Western 4 p.m. MBB at Montana Western 5 p.m. Sunday Night Mass 7 p.m. Admission: Scholarship Award Recognition Day 8 p.m. Sunday Night Mass	21	22	23	24	25	26
		3:30 p.m. XC Skiing Every Tuesday		7 p.m. Fly Tying Thursday	4:30 p.m. SURF Application Deadline 7 p.m. Volleyball vs. Montana Tech	1 p.m. Volleyball vs. Montana Tech
5 p.m. Sunday Night Mass 8 p.m. Sunday Night Mass	<b>MARCH 2021</b>					
28	1	2	3	4	5	6
		Mini Spring Break, no classes 1 p.m. & 3 p.m. Softball at MSU Billings 3:30 p.m. XC Skiing Every Tuesday	Mini Spring Break, no classes 1 p.m. & 3 p.m. Softball at MSU Billings	Classes Resume	2 p.m. & 4 p.m. Softball at Corban 7 p.m. Volleyball at Providence	Noon & 2 p.m. Softball at Corban 1 p.m. Volleyball at Providence Mens soccer at Multnomah
Noon Women's soccer at Multnomah 3 p.m. Men's soccer at Multnomah 5 p.m. Sunday Night Mass 8 p.m. Sunday Night Mass	7	8	9	10	11	12
		SURF Application Deadline Admission: Meet Us On Monday 3 p.m. Women's soccer at Multnomah 6 p.m. Men's soccer at Multnomah	3:30 p.m. XC Skiing Every Tuesday		1 p.m. & 3 p.m. Softball vs. Eastern Oregon 7 p.m. Volleyball vs. Montana Western	11 a.m. & 1 p.m. Softball vs. Eastern Oregon 1 p.m. Football at Rocky Mountain College 1 p.m. Volleyball vs. Montana Western
Noon Women's soccer vs. Eastern Oregon 3 p.m. Men's soccer vs. Eastern Oregon 5 p.m. Sunday Night Mass 8 p.m. Sunday Night Mass	14	15	16	17	18	19
		Noon Women's soccer vs. Eastern Oregon 2 p.m. Men's soccer vs. Eastern Oregon	3:30 p.m. XC Skiing Every Tuesday	Fall Advising Begins		3 p.m. & 5 p.m. Softball at Northwest University 7 p.m. Volleyball at MSU Northern
Noon Women's soccer at Rocky Mountain College 3 p.m. Men's soccer at Rocky Mountain College 5 p.m. Sunday Night Mass 8 p.m. Sunday Night Mass	21	22	23	24	25	26
		Noon Women's soccer at Rocky Mountain College 3 p.m. Men's soccer at Rocky Mountain College	Noon Mid-Semester Grades Due 3:30 p.m. XC Skiing Every Tuesday			2 p.m. & 4 p.m. Softball at College of Idaho 7 p.m. Volleyball vs. Rocky Mountain College
Noon Women's soccer at Providence 3 p.m. Men's soccer at Providence 5 p.m. Sunday Night Mass 8 p.m. Sunday Night Mass	28	29	30	31		27
		Noon Women's soccer at Providence 2 p.m. & 4 p.m. Softball vs. Humboldt State University 3 p.m. Men's soccer at Providence	2 p.m. & 4 p.m. Softball vs. Humboldt State University 3:30 p.m. XC Skiing Every Tuesday 7 p.m. Volleyball at MSU Billings	9 a.m. Spread the Word Inclusion Info Table		11 a.m. & 1 p.m. Softball at College of Idaho Football at Home Montana Northern 6 p.m. Volleyball vs. Rocky Mountain College

## CSA Update: Free movie and "Paint-a-pot" nights

Julia Gill

Staff Writer

From Friday night movies to Paint-a-Pot group sessions, Carroll Student Activities (CSA) has offered fun reprieves from the stress of school and COVID-19 throughout the fall semester and will continue to offer similar events this semester.

"Because of COVID we have to be a lot more careful and follow school regulations, so we don't have as many events planned this year," said Jenny Tu, co-director of CSA, and a senior communications major from Seattle, Washington.

As the COVID-19 pandemic reaches its one-year anniversary, the health and safety of students remain a priority for all organizations on campus, including CSA.

CSA is working hard to adjust to the current atmosphere and COVID-19 regulations, while still offering fun and engaging events for Carroll students. While many popular events from previous years may not be experienced this semester, many creative new events will be offered. After the success of big online events

last fall, like the escape room, CSA has added more events of the sort into their agenda. On Feb. 4, CSA partnered with Nerdology to put on an online trivia over Zoom.

In addition to new online events, many popular in-person events will be offered again this semester.

"I love that CSA offers free movie tickets," said Emma Jenkins, sophomore business major from Vancouver, Washington, "It is so nice to get off campus and do something fun every once in a while."

The free movie tickets are good every Friday at Cinemark movie theater. Students should plan ahead, as space is limited. Each Friday, two movie options are available, and each only can hold 25 students. Sign-ups are online, so check your email and sign up early.

CSA also plans to offer Paint-a-Pot events again this spring, so watch out for more details as the semester progresses.

If anyone has any suggestions for fun or exciting events, CSA is open to all suggestions and wants your input according to Tu, who can be contacted with ideas at [ytu@carroll.edu](mailto:ytu@carroll.edu).

## DID YOU KNOW

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## Student profile: from Lebanon with love

### Press Release

At age 10, Elissa Mazkour was in Lebanon speaking Arabic during dinner with her parents and brother, while attending a private Christian Evangelical school learning Arabic, English and French.

At age 18, Elissa is in Montana speaking English with friends at a small Catholic school in Montana.

So, how exactly, did a girl a quarter-of-a-globe away in Beirut end up in Helena? "In 10th grade I heard about an exchange program to the United States, so I asked my parents if I should apply. They said go ahead and see what happens."

Elissa says her parents have always been "open and caring" with her, providing a "loving way to be raised."

About 150 applied, and 30 were chosen – including Elissa. She had no say in her destination, and the program sent her to a private school in Hawaii, The Parker School. The plan was to come home after a year for her senior year in Beirut.

But things changed when President Cech and his wife Victoria visited Parker School in February 2019, at the invitation of Roy and Frances Simperman, who live in Hawaii.

Carl Sturges, the headmaster of Parker, was also the debate coach, so if you attended Parker, you joined the team, or so it seemed. Elissa joined the team, almost quit in the challenging early going, then developed into a winning debater and speaker.

The president and Roy were impressed with Elissa and made her an offer she couldn't refuse: Come to Carroll, pursue your career dreams in science, and compete for the Talking Saints. Roy said he'd support her.

Elissa didn't hesitate long.

"I think what encouraged me to say yes about the offer was the fact that I'd relieve my parents from paying too much money so I could go to college," recalls Elissa. "If the offer was given to me now, I would probably say I accepted it for the experience that it gives me, and the new things I learn every day!"

Elissa next faced a new decision.

Should she go back home for her senior year? Or stay at Parker year and then head to Carroll? She decided to stay in Hawaii and graduate there.

During her senior year, Carroll invited the entire Parker debate team to a workshop at Carroll in December. Elissa was with them, and won a special award, a Carroll Bear, given to a debater who looks out for others in the heat of competition. The Carroll team loved all the visitors, especially Elissa.

"Elissa was so sweet and had the best attitude all weekend," said Kelsie Watkins, '20. "When I debated with her for the pro-am tournament I was amazed by how gracious she was to me and to the other competitors in the round. But I knew Elissa deserved the Carroll Bear when I tripped and spilled a large Starbucks drink on the floor - she didn't laugh, but helped me up, and then helped me clean up the mess."

Funny thing happened while Elissa was waiting to come to Carroll: the virus. To be safe, she cancelled her June trip home from Hawaii. And she had to decide whether to start college in the fall, as planned.

"COVID made me hesitate doing so many things," Elissa said. "I thought of staying in Hawaii for a while, but I wanted to experience Carroll. I wanted to start another chapter properly."

On August 10, 2020, Elissa arrived at Carroll for "Bootcamp," the forensics pre-season workshop.

Elissa already had friends on the team, so everyone embraced her warmly like returning family.

She smiles at some of the common misperceptions about Beirut.

"No, I don't live in the desert," she laughs. "In Beirut we have all four seasons. So, our winter is extremely cold, but Montana's even colder!! The countryside is full of forests, gardens, trees... all green with mountains all around, extremely beautiful and probably my favorite part of Lebanon."

People sometimes wonder about the violence in the Mideast, too. Yes, she says, it's real.

"The violence always worries the



Photo courtesy of Brent Northrup

From left to right: Carl Sturges, Victoria Cech, Elissa Mazkour, and Dr. John Cech.

residents here," Elissa says, "because Lebanon is always in the middle of all the issues. And most of the time our government does not make things any better for the residents. So, yes, we always worry."

Elissa's career dream, at this moment, is to be a genetic counselor, which will require a doctorate in genetics. She's in the pre-med classes now, which quickly got her attention.

"I started learning how much time I had to give to my studies, and the hard work began to pay off," she says. "There were ups and downs, but the downs taught me something and strengthened my personality."

She says she still worries some, but she has a resilient spirit, a gift from two supportive, encouraging parents.

"Most of my friends are on the team, and so I have a family here now," Elissa

says. "When I found friends, lots of my worries just vanished."

Her first semester grades were good. Check. She and her partner Melissa Jagelski of Oregon won awards in debate. Check. Two thumbs up and poised for the future.

"I now know the amount of time for studies and for practice, and I also try to find peaceful hours for myself."

Speaking of finding peace, what language does she dream in?

"English sometimes, Arabic sometimes and sometimes in French," she says, noting it depends where she is and what she's speaking.

She's optimistic about her four year journey at Carroll and on the team.

"Life's about as perfect as it can be," says Elissa. "I know I'll be able to pull through."

## ASCC Update: Leading through a pandemic

### Sarah Jenkins

#### Staff Writer

The Student Government has been staying busy to start out the semester, despite COVID.

The first senate meeting was held on Jan. 28. Prior to the first meeting, the senate met with the candidates for the Vice President for Academic Affairs position, which will be open after this semester.

"We were excited to participate in these meetings and will be active in the hiring process for other open positions at Carroll this semester," said Shae Bills, a junior from Ennis, Montana and ASCC President.

Last semester, the largest complaint that ASCC received was concerning the Saint Thomas Aquinas Commons (STAC).

Due to COVID-19 and staff turnover the STAC was forced to make changes and limit their operations which directly affected students.

This semester the STAC has been on top of things under our new chef, Chef Patrick. The drink fountains, salad bar, cereal bar, and waffle makers are back. ASCC has been working closely with the STAC to enact these changes.

"ASCC has also started a new task force called the Student Culinary Council. Students on this council meet with Chef Patrick once a week to review the food from the previous week," said Bills. "These students will be asking you for your input on the STAC so keep an eye out for them."

The Carroll College House of Representatives held its first meeting of the semester at the beginning of February.

Clubs are still faced with overcoming the difficulties of hosting COVID-19 safe activities and events.

However, creative ideas and novel approaches have allowed these clubs to maintain an important presence on campus.

"Carroll Pre-Med Club (PMC) has been interviewing doctors, medical students, and other medical personnel over video conference calls," said Sabrina Crooks, a senior biology major, and ASCC Vice President. "These interviews are then posted on the club's YouTube channel and are viewable for everyone."

As of Jan. 22, approximately two-thirds of the campus had been tested for COVID-19, with a result of only 16 active cases. Starting Jan. 23, ASCC has been assisting in delivering meals to these quarantined students.

Last semester, ASCC's Director of Communications, Maggie Whitfield, put together an all-student survey to assess the student's regards to Carroll College's response to COVID-19. The statistics and feedback provided by this survey will be presented to President Cech, Judy Hay, and the Chair of the Faculty Assembly. ASCC will be sharing their feedback and the data's graphics with the Prospector in the next edition. "We are excited to be able to share students' voices with campus leadership," said Crooks.

ASCC will be hosting leadership training for the senators in February. This training will focus on how to be a peer leader and will involve a speaker, discussion, and reflection. The goal of this training is to improve the ability of senators to be leaders on and off campus.

## Students hit the slopes at Great Divide Ski Night

### Sage Lawrence

#### Staff Writer

Carroll College's outdoor club, CAMP, partnered with student activities and Great Divide ski area to host a fun night of free skiing and snowboarding for all Carroll students and faculty.

This exclusive event was hosted on Saturday Jan. 30, with lifts running from 6-9 p.m. The rental shop was open and gear was flying in and out of the door, as Saints got kitted up and ready for the

slopes. Rentals were priced at \$15 for either ski or snow-boarding equipment, with an additional \$5 for a helmet.

Great Divide's food and beverage services were also be available during the event. The bar and lodge were open until 11 p.m. Transportation to this event, however, was not provided by the school.

On the mountain, the two operating chair lifts provided access to a total of 10 illuminated runs as well as two terrain parks.

Saturday's event brought cool weather and light snow. Lift lines were long, as students and faculty flocked to hit the slopes.

The event was in full force till the very last lift of the evening at 9 p.m. Kaylynn Zygyva, a sophomore transfer student from Alaska, had a great time.

"I absolutely love snowboarding and it was a real treat to be able to enjoy a crisp night of skiing with all my classmates. Definitely one of the best school events I have been to so far," said Zygyva.

Nate Burns, a sophomore student studying civil engineering, was raised in Colorado and has enjoyed skiing throughout most of his life.

"The turnout was a lot better this year than the last year I attended, although it was kind of a bummer, we couldn't have a fire on the deck this year," Burns said.

Burns said the snow this season was far worse than previous winters, however, there was no limit on fun, especially while night skiing!

# SPORTS

## Men's basketball season wrapping up

**Josh Mansfield**

*Staff Writer*

In their toughest test of the season, Carroll's Fighting Saints held their ground, splitting a pair of games with conference leader University of Providence.

Providence (ranked number 10 nationally in the NAIA Coaches' Poll) won the first game on Saturday (80-69) before Carroll made their stand Sunday with a 74-68 upset.

Team captain and point guard Shamrock Campbell, junior, Spokane, Wash., led Carroll's scoring efforts with 27 points on the night. When asked about the team's recipe for success though, head coach Kurt Paulson said that defense has been the difference maker.

"We've been playing outstanding team defense," said Paulson.

That defensive success has translated

to a nine-one record since the semester started. This season, the Fighting Saints have allowed a paltry 65 points a game, the lowest in the Frontier Conference.

"We are a tough team to beat. We play tough basketball and it shows," Paulson said.

The Fighting Saints, now 14-6 (11-5 in the Frontier Conference) this season, sit in second place in the conference.

Carroll finishes their push to the playoffs with a pair of impactful games Saturday and Sunday at Montana Western. Winning just one of those games locks the Fighting Saints as the second seed (securing a first-round bye and home court advantage for the semifinals game) going into the playoffs, which start Feb. 25.

"We are taking it one day at a time," said Paulson. "It's been an exhausting year for everyone so we just focus on winning the next game."



Photo courtesy of Gary Marshall

From left to right: Jovan Slijvancanin, Dennis Flowers, and Brendan Temple



Photo courtesy of Gary Marshall

Jovan Slijvancanin getting ready for another assist.



Photo courtesy of Gary Marshall

Dennis Flowers in traffic.

# Leading the women's basketball team to victory

**Josh Mansfield**

*Staff Writer*

Empty stands haven't stopped Carroll's Fighting Saints from putting on a spectacular show.

The Saints' near perfect 17-2 record has caught the attention of coaches across the country. In the Feb. 10 edition of the NAIA Women's Basketball Coaches' Top 25 Poll, Carroll earned national recognition by ranking sixth place.

"We have a special group of kids on the team this year," said Rachele Sayers, head coach of the women's basketball team.

En route to national prestige, the Saints have dominated the Frontier Conference. Their 11-1 conference record guarantees them top seed and a first-round bye for the upcoming playoffs, which begin on Feb. 25. Additionally, the Saints' top seed means they will be playing at home, where they are a perfect 9-0 this season, for the duration of the playoffs.

Leading the nationally ranked team are Danielle Wagner and Christine Denny, both of whom earned impressive accolades of their own.

Wagner and Denny have joined the 1,000-point club, Sayers said. Throughout the course of their careers, Wagner and Denny have respectively scored 1,165 and 1,103 points, putting them in an elite class of players.

After last weekend's games versus Rocky Mountain College were cancelled, Sayers said that staying healthy is "our number one priority. We have the depth and experience needed to go far this year... so maintaining protocols comes first and foremost" as the Fighting Saints finish out the season.

The Fighting Saints regular season ends with back-to-back games Saturday and Sunday at Montana Western. Watch their games live on the Carroll Athletics YouTube Page.



One for all and all for one: Danielle Wagner, Erica Nesson, and Jamie Pickens celebrate .

Photo courtesy of Gary Marshall



Christine Denny at the free throw line.

Photo courtesy of Gary Marshall



Genesis Wilkinson goes for two.

Photo courtesy of Gary Marshall

# Indoor track and field find their stride

**Jenny Tu**

*Staff Writer*

Amid the COVID-19 pandemic, the Carroll Indoor Track and Field team is having a strong season.

On Friday, Feb. 5, and Saturday, Feb. 6, the team attended the second meet in Dickinson, North Dakota.

On the first day of the meet Kelsey Bassett became 3rd in the nation for pole vault, after she won the pole vault jump. Shae Helterbran and Kate Picanco both placed 3rd in their events, while Sophie Loveless won the triple jump.

On Saturday, Feb. 6, the team kept up the hard work. Josh Malone and Lee Walburn finished in 2nd and 3rd place for the heptathlon, placing them 3rd and 4th

nationally. Nikki Krueger became the 1st in the nation for shot put, after placing first in her event with a throw of 46'8".

Mar Sorini placed 1st for the women in the 400m. Chad Hemsley and Broder Thurston placed 2nd and 3rd for the men in the 400m.

Prior to that, the season started off in Spearfish, South Dakota on Friday, Jan. 22, and Saturday, Jan. 23. Although there are fewer meets than a normal season, the athletes are working hard and are thrilled to be able to compete together.

"It's exciting to have the full track and field group back rolling with goals to shoot for this spring," said Shannon Flynn, the Saints cross-country head coach and assistant track coach. "We know there will be challenges and changes over the

course of the season, but we're ready to adapt and overcome. I'm so proud of how we grew this fall, and we are stronger and fitter and ready to support each other through whatever may come."

To create a safe and healthy environment, the entire track and field team can be tested for COVID-19 throughout this season. As for asymptomatic positive cases, 12.5 percent of the team are chosen randomly for testing. Team trainings are organized into smaller groups for workouts in order to practice social distancing and to limit contacts.

"As far as training goes, it has definitely been frustrating and hard due to COVID," said Alex Olmes, a senior business marketing and management major, from Benicia, California. "At the same time,

it is also motivating since we still get to have a season unlike last spring. There are new goals in mind, and we are all ready to achieve them. It has been great that we have something to work toward and others to compete with. It makes it more fun and exciting."

For the third and final meet before Nationals in Yankton, South Dakota, the athletes will return to Spearfish, South Dakota on Saturday, Feb. 20.

"As a senior, I am excited for my last season. I have been doing lots of reflection on my past seasons, and am motivated for this last hurrah, getting back to focus mode and training, and hopefully qualify for the national," said Olmes.

## Winter Ball! Football season kicks off March 13 at Rocky

**Morgan Rehm**

*Staff Writer*

When someone thinks of college football fall usually comes to mind. Well, that is not the case for this upcoming season.

Due to COVID-19 related concerns the NAIA frontier conference football season has been pushed back to this spring.

The season was originally going to start on Feb. 27 with the final weekend of regular season play being April 10. This set up would have allowed each team to play about six to seven games. Due to various reasons the commissioner, Kent Paulson, made the announcement that the season will be delayed once again.

The new kickoff weekend will be March 13.

Paulson states the reasons for the second push back are to ensure the safety of student-athletes, the need for proper facility sanitation and adaptability, and the obvious weather concerns for outdoor sports. People in Montana are well aware of how bad the weather can be in the very early months of spring.

Various players have expressed their concern for having to play in the cold temperatures, but they are still eager to get out there on the field regardless. This is not exactly the ideal set up, but the Saints are still more than eager to play.

"I'd rather play in the fall, but it'll be a good opportunity to be able to get on to the field and compete against someone other than our own team," said Zach Spiroff, a sophomore corner from Helena.

With the new first weekend of regular season play being moved to March 13 this means the Saints play four games:

March 13, at Rocky in Billings;  
March 20 at Eastern Oregon  
March 27 home vs. Montana Northern;  
April 3, bye;  
April 10 home vs. College of Idaho.

It's not ideal, but coach Troy Purcell and his players are happy to see the season start, and have their eyes on the playoffs

which begin April 17, with the championship game scheduled for May 10 in Grambling, Louisiana.

"Any game I get to play is a benefit," said Garrett Kocab, a redshirt junior from Phelan, California.

Practice started Tuesday, and spirits are high.

"You're going to have a lot of juice on day one," Head Coach Troy Purcell told his players, who were eager to suit up.

"It's exciting times right now just to be able to get out on the field. We have a lot of energy and a lot of excitement."

## Volleyball: the Saints are swinging hard

**Dennis Flowers**

*Staff Writer*

Carroll College women's volleyball is off to hot start with a five-game winning streak, despite their fall season delayed due to COVID-19.

This past weekend the Fighting Saint's defeated Montana State-Northern winning 3 sets in the first and second match.

It was an intense weekend that kept everyone eager to see the results. The win against Skylights was the teams fifth straight win.

The Saint's currently sit with 5-1 wins overall and in the conference.

The women have been working hard since they got back from Christmas break

on Jan. 13. Saint's Volleyball head coach, Maureen Boyle, explained the obstacles that have been thrown their way.

"We had some time on the court in the fall, but very limited action," Boyle said. "Anxiety has been a serious issue facing many members of our team, but we continue to work through this as COVID continues to affect all of our lives. The ladies are working really hard both on the court and in the weight room to prepare for each week."

The Saint's continue to build chemistry and confidence with the new additions to the roster this year.

The Saints have added; Julia Carr, a freshman business management major from Portland, Oregon; Lauren Sehenuk,

a freshman education major from Hermosa Beach, California; Rylie Thompson, a freshman civil engineering major from Belgrade, Montana; Abbie Peterson, a sophomore anthrozoology major from Princeton, Minnesota; Lexie Gleasman, a redshirt freshman public health major from Chelan, Washington; Ellie Sievertsen, a sophomore finance and spanish major, from Walla Walla, Washington; and Maddie Wilkes, a freshman elementary ed major from Pocatello, Idaho.

The stat leaders this season are; Lexi Mikkelson, a junior business major from Nine Mile Falls, Washington, averaging 3.4 kills a set with and 78 total; Taelry Krantz, a redshirt junior math major from Helena, Montana leading the team in kills

with 3.2 kills a set and 73 total; Lexie Gleasman, a redshirt freshman public health major, from Chelan, Washington, averaging 2.7 kills per set and 62 on the season.

The early taste of victories has only sparked the Saints hunger for more success. Lexi Mikkelson spoke a little about their excitement for upcoming games.

"We have really good team chemistry right now, and we are getting a lot better every week," Mikkelson said. "But we have three tough weekends coming up and are ready to compete."

The Saints will be playing two back-to-back away games against Rocky Mountain College, in Billings, Montana on Feb. 19, at 7 p.m. and Feb. 20, at 1 p.m.

## Men's soccer will kick off their season on March 6

**Rory Bloy**

*Staff Writer*

The Fighting Saints Men's soccer team's season has been delayed. The February 20th game against MSU Billings has been cancelled.

The conference season will begin on March 6 at Multnomah University in Portland, Oregon. The Saints' team comes off the back of a lackluster season where they finished ninth, one place below the playoff spots.

The team has a good group of experi-

enced players and Saints' Coach, Doug Mello, believes players, such as Nick Lowrimore, Santi Morazzani, Kaden Connor, and Paolo and Leonardo Georgiades will steer them on the right path this season.

Mello also is excited by the prospect of nine incoming players. Freshman arrivals include Caleb Hoxie, a civil engineering major and Helena, Montana native who was Montana All-State and Metro Player of The Year; Luke Rosenberger, a business major from Eau Claire, Wisconsin, who was a high school standout;

and Ryan Quinn, an education major and Helena, Montana native.

Paolo Georgiades, one of the team captains, has high hopes for the squad despite the hanging cloud of COVID-19 over the season

"I'm expecting good things from our team this year," said Georgiades. "We have a strong core of players and a healthy team chemistry. Last year was very disappointing in my opinion, because I believe that our Carroll men's soccer team should be playing in the playoffs every year as well as aiming to

make the national tournament. Given the format of the conference this year, I'm expecting our team to push closely at the top of our division to make that national tournament."

Georgiades shares this sentiment with Coach Mello, who believes that the Cascade Collegiate Conference is going to be deemed the premier National Association Intercollegiate Athletics soccer league in the country again.

"When all's said and done, we plan on being at the top of the tables," Mello said. "So let the battle begin!"

## Women's soccer adjusts to a spring season

**Blair Stapleton**

*Staff Writer*

The Carroll College women's soccer team is approaching its long-awaited season.

The Fighting Saints are scheduled to kick off their first game on Sunday, March 7, in Portland, Oregon. Head coach David Thorvilson is preparing the team for a shortened 10-game season.

"I'm happy to have a season, even

though it's short and flat-out weird," Thorvilson said. "It's a great release for student athletes."

The Cascade Conference has split the east and west into separate divisions, in order to limit travel for COVID-19. Carroll will play College of Idaho, Rocky Mountain College, Multnomah University, Eastern Oregon University, and University of Providence. Teams will play each other twice.

Due to the coronavirus, rosters will be limited to 21 members per team—coach-

es and trainers included. This means only 19 or 20 players will get to dress out and attend each match. Unlisted team members will have to remain outside of the venue, per Cascade Conference guidelines.

"It's different and frustrating, but we're lucky to be playing at all," said midfielder Kody Clements, a sophomore elementary and special education major.

Athletes are required to wear face coverings and social distance at all team events, except while actually exercising.

Neck gaiters are considered mandatory practice gear.

Carroll is entering the spring season ranked No. 8 in the conference. The postseason conference tournament is cancelled. The top team from the east and west division will automatically qualify for the national tournament.

Nationals will be held April 27 through May 3 in Foley, Alabama. The Saints have just shy of a month to achieve the conference-wide goal of qualifying.

# Jibber Jabber:

## How are COVID restrictions affecting your dating life?

"It's been tough to meet new people without the big social gatherings we used to have. My snapchat is @dlange92."

-**David Lange**, junior environmental science major, from Ferndale, Washington



"It's been a positive for me because guys are taking initiative to take me out. Everyone has been couped up for so long that they're anxious to go out."

-**Gwyneth Ovalley**, junior business finance major, from Great Falls, Montana



"Back when I had a shortie, we couldn't see each other as often. I think the stress of COVID got to my girlfriend's head and she started acting passive aggressive towards me."

-**Sayer Patton**, sophomore biology major, from Choteau, Montana



"It has separated me from many people in my same age dating pool because I do have to put the health of my family and myself first which has taken away the ability to go out and meet people how I would have in "pre COVID times. As time goes on, it gets harder to put yourself out there to date because I have become so comfortable with just my company and being alone."

-**Mikal Mihelish**, junior business major, from Helena, Montana



"I can't tell what I'm missing out on because I don't even know who's out there. Frankly... my dating life doesn't exist!"

-**Jill Madsen**, senior nursing major, from Missoula, Montana



"Easier to take a girl home because home is the only place you can hang out."

-**Mason Faulk**, freshman business major, from Dillon, Washington



"Dating has always been tricky so, as always, my dating life is nonexistent."

-**Hannah Lawrence**, junior biology major, from Monterey, California



"It has required a whole new level of communication about comfort levels concerning COVID, and who we've been into contact with as one partner's actions directly affects the other. It has definitely caused times of anxiety and frustration, but has heightened not only communication, but the appreciation for time spent with the other and respect for the others perspective."

-**Alli Buckner**, senior nursing major, from Bozeman, Montana



"What dating life?"

-**Natalie Gaber**, senior nursing major, from Littleton, Colorado



"My thumb ID is getting sore from all the swiping through dating apps and social media."

-**Cara White**, junior nursing major, from Bridger, Montana



"COVID-19 has definitely impaired my dating life, but I'm hoping I'll become a hot commodity once I get vaccinated."

-**Morris Richardson**, junior english writing, from Simla, Colorado

"I actually got engaged! When school went online spring semester, my fiancé and I (boyfriend at the time) were able to spend a lot of time together and build a solid foundation for our relationship before leaving for summer break. Thankfully, we were able to be in person in the fall, because he proposed to me at our ministry team's awards ceremony in November!"

-**Lexi Macmillan**, senior chemistry major, from Helena, Montana



"Let's just say that if Moderna made vaccines as fast as my quarantine-addled brain made wedding plans with strangers, then we'd be allowed to have the wedding."

-**Tom Trangmoe**, junior international relations and theatre major, from Stevensville, Montana



"I get hit up a lot more now, probably because I look better with a mask on."

-**Sophie Sullivan**, freshman nursing major, from Butte, Montana



"It's more challenging to flirt when you don't know if the girl is smiling or not under her mask."

-**Tanner Geiss**, sophomore pre-dental/biology major, from Huntley, Montana



"It hasn't changed my dating life..."

Everyone still stays 6 feet away from me."

-**Tess Riordan**, freshman nursing major, from Butte, Montana



"It hasn't at all because the person I'm dating lives over more than 2000 miles away from me."

-**Ian Rausch**, sophomore sociology and theatre major, from Helena, Montana



"No virus is going to stop me from dating. COVID-19 has made me wearier of meeting strangers on apps because you don't know how safe they have been or who they have hung out with or if they have been exposed."

-**Zebulon Antonioli**, junior biochemistry major, from Whitehall, Montana



"I flirt in fear because besides cooties, I now have to worry about COVID-19 too."

-**Megan Michelotti**, junior communications and public relations, from Butte, Montana



"Well, there are fewer places to go, fewer things to do, but take-out is easier, which is nice. It's more Netflix now than going out in public. If it were a little bit warmer, it would be nice to take my girlfriend out to eat at a park where we could socially distance from other people."

-**Patrick Hewes**, junior biology major, from Spokane, Washington



"If I'm meeting someone who's a friend of another friend within my immunity bubble, I feel a little bit safer, but it's definitely felt more difficult to safely get out of my bubble and meet new people."

-**Arizona Duff**, junior biology and history major, from Oregon City, Oregon



"Not at all, I already use Tinder."

-**Austin Mitchell**, junior computer science major, from Texas