

Bystander Intervention & Preventing Violence



The Friendship Center

Carroll College; August 2023



The Friendship Center

Free, confidential, 24/7

Haven for those affected by domestic violence, sexual assault, and stalking

Service area: Lewis and Clark County, Jefferson County, and Broadwater County

Services include:

- 24/7 Crisis Line
- Safety planning
- Crisis Intervention
- Criminal justice support/advocacy
- Order of Protection assistance
- Forensic Exam/Medical Advocacy
- Help with Title IX & Student Accommodations
- Referrals and Support - on and off campus
- Education and Prevention
- Emergency Shelter and Financial Assistance
- Personal advocacy

Who's in the room?

*Trigger

Warning

*Adult Content

*Inclusivity

Statement





Bystander

Intervention:

Choosing to take action when you see behavior that puts others at risk for violence, victimization, or perpetration.

- Speaking out against rape myths, sexist language, & discrimination
- Intervening in potentially dangerous situations
- Supporting victims & survivors

What is consent?

← ↻ https://leg.mt.gov/bills/mca/title_0450/chapter_0050/part_0050/section_0010/0450-0050-0050-0010.html A    

LAWS MCA Contents Search Help Part Co

MCA Contents / TITLE 45 / CHAPTER 5 / Part 5 / 45-5-501 Definitions

Montana Code Annotated 2021

TITLE 45. CRIMES
CHAPTER 5. OFFENSES AGAINST THE PERSON
Part 5. Sexual Crimes

Definitions

45-5-501. Definitions. (1) (a) As used in **45-5-502**, **45-5-503**, and **45-5-508**, the term "consent" means words or overt actions indicating a freely given agreement to have sexual intercourse or sexual contact and is further defined but not limited by the following:

- (i) an expression of lack of consent through words or conduct means there is no consent or that consent has been withdrawn;
- (ii) a current or previous dating or social or sexual relationship by itself or the manner of dress of the person involved with the accused in the conduct at issue does not constitute consent; and
- (iii) lack of consent may be inferred based on all of the surrounding circumstances and must be considered in determining whether a person gave consent.

(b) Subject to subsections (1)(c) through (1)(g), the victim is incapable of consent because the victim is:

- (i) mentally disordered or incapacitated;
- (ii) physically helpless;
- (iii) overcome by deception, coercion, or surprise;
- (iv) less than 16 years old;

"Yes means yes; everything else means no." - Jeffrey Buckholtz

D1

DISTRACT

Distraction is a subtle and creative way to intervene. Distract either the harasser or the target with conversation unrelated to the harassment to derail and de-escalate the situation. **Examples:** Ask for directions; Spill your drink "accidentally;" Pretend you know one of them.

D2

DELEGATE

Bring in a 3rd party to help, possibly someone with more perceived authority. **Examples:** Alert a store manager, bus driver, club bouncer, or someone else to help intervene. Do not call the police unless requested.

D3

DIRECT

Respond directly to the aggressor or physically intervene if necessary. Be confident, assertive, calm. **Examples:** walk up to engage a street harasser and directly ask them to stop their behavior.

D4

DELAY

If you can't intervene in the moment, you can check in with the person being harassed afterwards to see if you can do anything to support them, illustrating that they are not alone. **Examples:** "Is everything okay? Is there anything I can do?" "Is there someone we can call?" "Can I buy you a cup of coffee?"

THE FOUR D's of BYSTANDER INTERVENTION

Distract: Cause a disruption to end the unacceptable behavior

Delegate: Get help intervening or get someone with more authority to handle the situation

Direct: Call out the behavior that isn't acceptable and ask the person to stop

Delayed: If it isn't safe to intervene, check in with the victim afterwards and offer support

MYTH: If someone really didn't want it, they would fight back.



REALITY: Despite what you might see on TV, most people do not scream or fight during a sexual assault because they freeze. It is a common reaction for people to become paralyzed with fear during a sexual attack.

Montana Law States:

“Resistance by the victim is not required to show lack of consent.
Force, fear, or threat is sufficient to show lack of consent.”

MYTH: A “real” sexual assault survivor
always reports immediately.

REALITY: Sexual assault is an astonishingly
under-reported crime. 9 out of 10 victims never
report sexual violence to authorities.

Why do you think most survivors don't report to law
enforcement?



MYTH: If the victim is high or drunk, they put themselves in the position to be sexually assaulted.



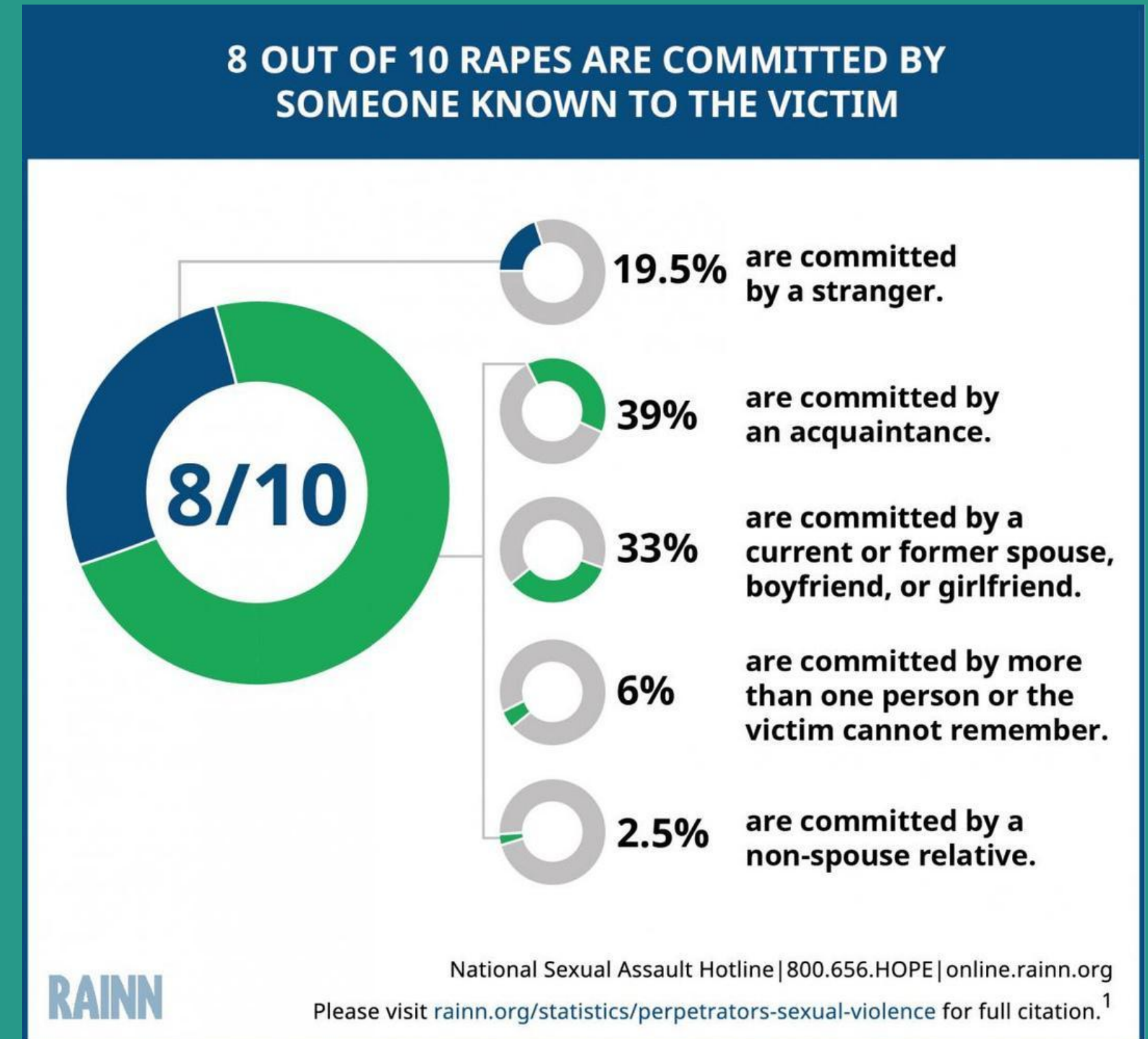
REALITY: No one ever deserves or asks to be the victim of sexual violence. Due to the predatory nature of sexual criminals, assaults often occur when victims are intoxicated or incapacitated.

Alcohol quickly and effectively increases vulnerability. For that reason, it is the number one tool used by perpetrators in drug-facilitated sexual assault.

MYTH: Most rapes are committed by strangers in dark, isolated locations.

REALITY: Most sexual assaults happen during the day, at home, by someone known to the victim.

Most victims first know their assailant as a friend, partner, service provider, family member, employer, acquaintance, etc.



MYTH: Women often “cry rape” and lie about being sexually assaulted to get attention and/or revenge.



REALITY: Only 2-3% of reported sexual assaults turn out to be false. This percentage is lower than the false reporting of other criminal offenses (like theft).

MYTH: Women who wear revealing or sexy clothes are “asking for it.”



REALITY: Appearance does not communicate consent.

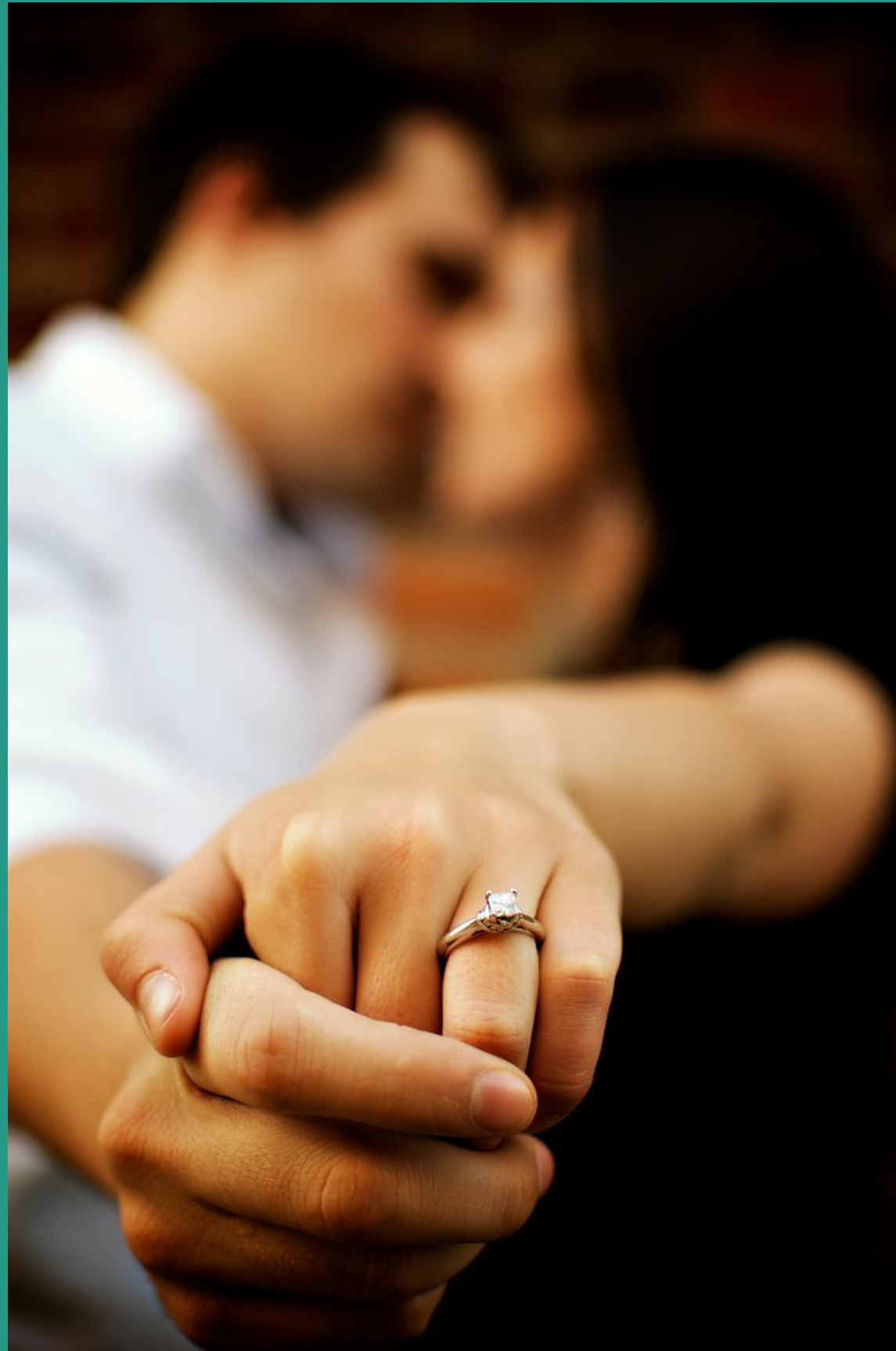
MYTH: Men sexually assault because they are sexually frustrated or cannot control their bodily impulses.

REALITY: Rape is about power and control, not sex.

Most men are not sexual predators.

American media normalizes and romanticizes dominant, over-sexualized behavior. It's unfair to treat boys & men like they're incapable of controlling their bodies and sexual urges.





MYTH: Women cannot be raped by a boyfriend, partner, or spouse.

REALITY: Sexual assault can and does happen in long-term relationships.

Montana law states: A current or previous dating, social, or sexual relationship does not determine or prove consent.

Red Flags a Partner Doesn't Respect Consent

Pressures you to do things you don't want to do.

Reacts negatively when you say “no” or don't immediately consent.

Tries to make you feel like you “owe them” because you are together, or they gave you a gift.

Ignores nonverbal cues (pushing/pulling away).

Denies or minimizes wrongdoing or blames you for their behavior.



To survivors:

What happened is not your fault.

You deserve to be treated with
dignity and respect.

Your feelings are valid.

You matter.

“Would you like me to go to the
hospital or police station with
you?”

“Would you like me to help you call The Friendship Center? Their services are
free and confidential.”



“I believe you.”

“I am sorry this happened to you.”

“I am here for you.”

“You can tell me as much or as little
as you want.”

“It took a lot of courage to tell me; I
am glad you did.”

“What can I do to help?”

“I can stay with you for as long as you
want.”

The Continuum of Harm

The purpose of this exercise is to think about how the actions of ourselves and others may cause harm.

For each prompt, select the option you feel best reflects the harm caused by the action described.

There are no right answers.

Scan this QR code
to join →



Honking or whistling at a girl or woman

Click to open poll

0%

Not Harmful

0%

Harmful


0%

More Harmful



0%

Most Harmful

Menu

 Results are hidden [Show results](#)

 This only works in the full-screen window. [Learn more](#)

 0  0 / 200

Telling a man or boy he "throws like a girl"

Click to open poll

0%

Not Harmful

0%

Harmful

0%

More Harmful

0%

Most Harmful

Rape or Sexual Assault by a stranger

Click to open poll

0

Not Harmful

0

Harmful

0

More Harmful

0

Most Harmful

Staying silent when a guy calls a woman a bitch

Click to open poll

0%

Not Harmful

0%

Harmful

0%

More Harmful

0%

Most Harmful

Sexting

Click to open poll

0%

Not Harmful

0%

Harmful

0%

More Harmful

0%

Most Harmful

Rape or Sexual Assault by acquaintance

Click to open poll

0%

Not Harmful

0%

Harmful


0%


More Harmful


0%

Most Harmful

Menu

 Results are hidden [Show results](#)

 0  0 / 200

 This only works in the full-screen window. [Learn more](#)

Calling someone a pussy because they back off from a fight

Click to open poll

0%

Not Harmful

0%

Harmful

0%


More Harmful


0%

Most Harmful

Menu

 Results are hidden [Show results](#)

 0  0 / 200

 This only works in the full-screen window. [Learn more](#)

Watching Porn

Click to open poll

0

Not Harmful

0

Harmful

0

More Harmful

0

Most Harmful

Menu

 Results are hidden [Show results](#)

 This only works in the full-screen window. [Learn more](#)

 0  0 / 200

Calling your girlfriend "my girl," "my woman," or "my bitch"

0%

Not Harmful

0%

Harmful

0%

More Harmful

0%

Most Harmful

Having sex after drinking alcohol

Click to open poll

 Replace slide

 Reload

0%


Harmful

0%

More Harmful

0%

Most Harmful

 Results are hidden

Show results

 0  0/200

 This only works in the full-screen window. [Learn more](#)

Blaming a rape victim for their clothing choice

Click to open poll

0

Not Harmful

0


Harmful

0

More Harmful


0

Most Harmful


To join, go to: ahaslides.com/N5EAH 

How are you feeling after completing that activity and seeing how your peers responded to each prompt?

Click to open word cloud

 Replace slide

 Reload

 Results are hidden [Show results](#)

 This only works in the full-screen window. [Learn more](#)

 0  0 / 200

Imminent Danger

- 911

24/7 Support

- Friendship Center 24/7 Crisis Line - (406) 442-6800
- Securitas (406) 461-7611
- 24/7 Residential Life On-Call (406) 459-0540
 - Reporting to the RA on call

Ongoing Help and Support

- Title IX Coordinators: Annette Walstad (406) 447-5434 & Karla Smith (406) 447-5501
 - Notify Carroll College through the link on college website
- Clery Crimes - Jason Grimmis (406) 447-4404 -or- Zack Eckerdt (406) 447-5509
- RA, Peer Minister, Faculty & Staff at Carroll College
- The Friendship Center (406) 442-6800 or ccadvocate@thefriendshipcenter.org
- Wellness Center (406) 447-5441

Jaime Gabrielli, Victim Advocate

The Friendship Center

(406) 442-6800 - 24/7

ccadvocate@thefriendshipcenter.org

Eric Parsons, Outreach & Education

The Friendship Center

(406) 442-6800 - 24/7

eric.p@thefriendshipcenter.org

On campus office hours weekly, or
by appointment: 023 St. Charles Hall



The Friendship Center