



**Helena, Montana, USA**



**International Recruitment Manual  
2015-16**

<b>1. About Carroll College.....</b>	<b>3</b>
<b>2. Notable programs and outstanding opportunities.....</b>	<b>3</b>
<b>3. Location and campus safety.....</b>	<b>5</b>
<b>a. Map of Helena.....</b>	<b>6</b>
<b>4. List of academic majors.....</b>	<b>7</b>
<b>5. Application requirements .....</b>	<b>7</b>
<b>6. Application deadlines .....</b>	<b>9</b>
<b>7. Scholarship information.....</b>	<b>9</b>
<b>8. Admitted student next steps.....</b>	<b>10</b>
<b>9. Course registration.....</b>	<b>11</b>
<b>10. Transfer student information.....</b>	<b>11</b>
<b>11. Cost of attendance.....</b>	<b>12</b>
<b>12. Housing information.....</b>	<b>12</b>
<b>13. Transportation options.....</b>	<b>13</b>
<b>14. Athletics at Carroll.....</b>	<b>13</b>
<b>15. Living in the Rocky Mountains and recreational opportunities.....</b>	<b>15</b>
<b>16. Recreational map of the Helena area.....</b>	<b>16</b>
<b>17. Important contacts.....</b>	<b>18</b>

Dear Colleague,

Thank you for your commitment to representing Carroll College; we are pleased to welcome international students to our campus and appreciate your work on our behalf.

This manual has been created to answer most questions about the College, the application process, living on campus and the Helena community. If there are other things that you feel need to be addressed in this manual, please do not hesitate to contact Ms. Michelle Lewis at [mlewis@carroll.edu](mailto:mlewis@carroll.edu) with any questions, suggestions or comments.

A note on marketing and publications: please note that any materials developed outside of the College must be approved by Carroll before being used. Should you wish to design a brochure or other marketing piece, please contact Ms. Nina Lococo ([nlococo@carroll.edu](mailto:nlococo@carroll.edu)) or Ms. Michelle Lewis ([mlewis@carroll.edu](mailto:mlewis@carroll.edu)) for approval. For more information regarding the correct use of our logo and marketing materials, please refer to the website found on the last page of this manual.

Once again, thank you.



Ms. Michelle Lewis  
Director, International Admission and Student Services



**Postal address:**

International Admission Office  
ATTN: Michelle Lewis  
1601 N Benton Ave  
Helena, MT 59625  
USA

**Phone:** +1-406-447-5406

**Fax:** +1-406-447-5461

**Email:** [mlewis@carroll.edu](mailto:mlewis@carroll.edu)

**Office location:** O'Connell Hall 215

## 1) About Carroll College

Carroll is a private, Catholic, liberal arts and science college in Montana's capital city of Helena. With an enrollment of 1,500 undergraduate students, Carroll College has earned top national and regional awards for its academic programs, including its flagship accounting, biology, civil engineering, and mathematics departments. Graduates enjoy excellent job placement nationwide and admission to the most selective graduate schools. For the fourth year in a row, US News and World Report placed Carroll [#1 in their 2015 Regional Colleges West rankings](#) and [#2 in their 2015 Regional Colleges West Best Value Schools rankings](#). With over forty majors to choose from, a robust internship and undergraduate research program along with outstanding student support, Carroll College is an excellent choice for students looking for a safe and friendly, mountain setting on 85 acres (34 hectares) in the Western United States.

### Fast facts:

2014-15 enrollment: 1,454  
100% undergraduate (BA, BS, BSN)  
Male / Female: 42% / 58%  
Average class size: 16  
Student : Faculty ratio 12:1  
Classes taught by professors: 100%  
Classes taught by teaching assistants: 0  
Average incoming GPA: 3.59  
Average SAT score: 1650  
Average ACT score: 25  
Average TOEFL score: 83  
Average IELTS score 6.5  
Countries represented: 17  
Total number international students: 25



## 2) Notable programs and outstanding opportunities

- ✓ **High quality faculty:** over 80% have earned a terminal degree (PhD, MFA, JD, EdD) and are very experienced within their field. Many have received Fulbright teaching awards along with other teaching and international research awards and others serve in leadership roles in their professional associations.
- ✓ **Small class sizes:** the average number of students in a class is 16; in fact, 82% of our classes have fewer than 25 students. Students are often surprised at how quickly the Carroll professors remember their name and how easily faculty members can be contacted. It's not surprising that our students rate faculty support as one of the most valuable aspects of attending the College.
- ✓ **Ability to customize the educational experience:** many students find ways to combine their passion for learning into an educational experience that may give them the edge in a competitive job market. The strong liberal arts foundation and our career and internship office provide students the opportunity to

identify co-op, research opportunities and internships in the local area, within the US and even internationally.

✓ **Highlights of some of Carroll's outstanding programs:**

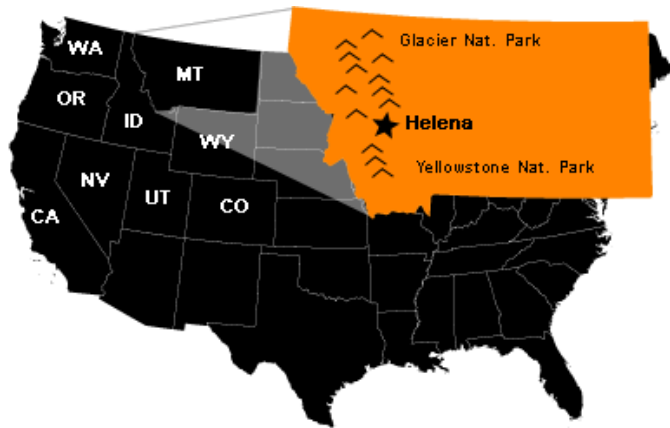
- ❖ Engineers without Borders (EWB): Carroll's award winning chapter of EWB, a service organization open to students of any major, is currently working on waste water sanitation projects, earthquake retrofitting and bringing clean water to communities in Colon, Mexico; Santo Tomas La Union, Guatemala and St. Lucia.
- ❖ Forensics (debate): In 2015 *The Carroll College Talking Saints* team won more than 40 awards and earned a share of the regional championship for the 25th consecutive year at the regional tournament. Carroll has won all but two of the regional tournaments in the past 25 years! In 2014 they won the National Title.
- ❖ IACBE accreditation of Carroll's accounting, finance, and business administration majors.
- ❖ International Contest in Math Modelling: Carroll consistently places in the top tiers of teams around the world in this annual contest. In 2015 Carroll had 6 meritorious winners along with 4 honorable mention winners. Over the past 10 years Carroll has had 3 outstanding winners, placing them in the top 1% of the world.
- ❖ Physics: Carroll has created a unique freshman curriculum, which clearly distinguishes us from physics programs at other institutions. Most physics programs begin with a year-long freshman "general physics" sequence, taken simultaneously with freshman calculus, in which students study Newtonian mechanics in the fall and electricity and magnetism in the spring. At Carroll, physics majors take this course in the sophomore year. As a result students will have already completed their study of calculus before beginning the sequence, and they should have the additional maturity and study skills needed at the beginning of their sophomore year.

At Carroll the physics major begins with two unique courses that meet requirements for the major and satisfy the general education requirement for a natural science lab course. These courses introduce some of the most interesting and stimulating aspects of contemporary physics, which brings more students to the program: students won't have to wait until their junior and senior years to explore cutting-edge topics. In the fall, students take *Robotics and Experimental Physics*, where they learn to build and program robotic devices, and study crucial laboratory methods. In the spring, students take *Einstein's Physics*, where they study Einstein's theory of special relativity and the concepts of quantum mechanics, and discuss intriguing ideas like the famous Schrödinger's cat paradox.

By placing these fun and exciting courses in the first year and delaying the more quantitatively challenging general physics sequence to the sophomore year, our curriculum is designed to ensure student success.

### 3) Location and Campus Safety

Helena is the capital city of Montana and is located in the Southwestern part of the state. Ideally situated between Glacier National Park and Yellowstone National Park, Helena is the gateway to acres of recreational opportunities. Helena is home to about 35,000 people in the "metro" area and approximately 60,000 total in the surrounding areas. Many people who live in Helena work for the local, state or the federal (US) government.



Helena is big enough to have a vibrant arts and culture scene, yet small enough that you see people you know as you go around town.

Carroll College is located in the heart of Helena. Students can easily walk downtown from campus to restaurants, clothing stores, coffee shops, theaters, civic events and outdoor activities.

Helena is located near many Montana highlights. Yellowstone National Park is a 3.5 hour drive to the South and Glacier National Park is a 3.5 hour drive to

the North. Bozeman and Missoula are each a 1.5 hour drive, and both Great Falls and Butte are about 1 hour away. Billings (the largest city in Montana) is about a 3.5 hour drive to the east. World class skiing in Big Sky is about 2 hours away.

With over 30 student clubs, there is much for students to do outside the classroom. The international student club, OASIS (Organization of American and International Students), organizes get-togethers, camping trips throughout the year and each semester organizes a weekend visit to Yellowstone National Park. Carroll's CAMP (Carroll Adventure in Mountaineering Program) organizes various inexpensive or free trips throughout the year including horseback riding, camping, rock climbing, skiing and more! Students without any experience can learn from one of our very experienced staff members and other students.

Safety: The [City of Helena](#) is one of the safest communities in the United States based on national statistics. The safety of students, faculty and staff is extremely important to the entire campus community, which actively participates in making the College a safe and healthy living and learning environment. All residence hall entrances have full-time personnel and the campus is well lit at night.

Carroll College contracts with a private security company, Securitas, to provide security officers who patrol the campus grounds, buildings and parking lots to safeguard the Carroll community and property nightly from 19:00-07:00. All residence halls are locked each night at 23:00; access is only granted to students who live in that building.



## LANDMARKS & ATTRACTIONS

- |  |   |
|--|---|
| <b>1</b> Lewis & Clark County Fairgrounds            | <b>19</b> Grandstreet Theatre   |
| <b>2</b> Spring Meadow Lake State Park               | <b>20</b> Fire Tower Park   |
| <b>3</b> Archie Bray Foundation for the Ceramic Arts | <b>21</b> Reeders Alley   |
| <b>4</b> Mount Helena City Park                      | <b>22</b> Memorial Park   |
| <b>5</b> Ryan/Exchange Fields                        | <b>23</b> Kindrick Field  |
| <b>6</b> Batch Field                                 | <b>24</b> Spring Meadow-Centennial Park Trail                         |
| <b>7</b> Bill Roberts Golf Course                    | <b>25</b> Mansion District  |
| <b>8</b> Centennial/Bausch Park                      | <b>26</b> Downtown Walking Mall                                       |
| <b>9</b> Downtown Visitor Center/Chamber             | <b>27</b> Last Chance Tour Train                                      |
| <b>10</b> Montana History Museum                     | <b>28</b> Siebel Soccer Complex Park                                  |
| <b>11</b> State Capitol                              | <b>29</b> Great Northern Business District/Carousel/Exploration Works |
| <b>12</b> Visitor Center                             | <b>30</b> Green Meadow Golf Course                                    |
| <b>13</b> Queen City Ice Palace                      | <b>31</b> Helena College University of Montana                        |
| <b>14</b> Helena National Forest Headquarters        | <b>32</b> Fort William Henry Harrison/Military Museum                 |
| <b>15</b> Civic Center                               | <b>33</b> Helena College Airport Campus                               |
| <b>16</b> Holter Museum                              | <b>34</b> Carroll College   |
| <b>17</b> Cathedral of St. Helena                    | <b>35</b> Benton Avenue Historic Cemetery                             |
| <b>18</b> Myrna Loy Center                           |   |

#### 4) Academic majors

- Accounting
- Anthrozoology
- Biology
- Biochemistry-Molecular Biology
- Business Administration
- Chemistry
- Civil Engineering
- Communication Studies
- Computer Science
- Computer Information Systems
- Elementary Education
- Engineering (3-2 and 4-2)

*Students earn a 3 year bachelor's degree in mathematics and then apply to one of our partner schools for engineering. 3-2 partner schools: Columbia University, University of Notre Dame, Gonzaga University, Montana Tech, Montana State, University of Minnesota, University of Southern California. Students receive 2 bachelor's degrees: one from Carroll and one from the partner.*

*4-2 means that students obtain a bachelor's degree in mathematics and apply to a master's program in engineering at the school of their choice. Many gain admission to our partner schools above.*

- Engineering Science

*Mechanics emphasis or Environment and Public Health emphasis*

- English Literature
- English Writing
- Environmental Studies
- Finance
- French
- Health Science

- History
- International Relations
- Mathematics
- Nursing
- Philosophy
- Physics
- Political Science
- Psychology
- Public Health
- Public Relations
- Secondary Education
- Sociology
- Spanish
- Spanish Education (K-12)
- Theatre
- Theology

*Pre-Professional Programs (students major in something related to the professional field at Carroll and after receiving the bachelor's degree apply to the professional program for MD, JD, DDS, etc. somewhere else)*

- Medicine
- Dentistry
- Law
- Occupational Therapy
- Pharmacy
- Physical Therapy
- Physician Assistant
- Veterinary Medicine

#### 5) Application requirements

**Freshman/First Year Requirements** (applicants who have never attended post-secondary school):

Carroll conducts a holistic application review. Admission to the College is based on a student's successful completion of secondary school, a letter of recommendation, the essay, test scores and secondary school reports and grades.

- Completed Application Form (Carroll's online application or the Common Application)
- Letter of recommendation
- Application Fee of \$35 (waived if using the Carroll online or Common Application)
- Financial Documentation for F1 and J1 visa applicants only
- Minimum GPA of 2.8 on the 4.0 scale
- English language proficiency: international freshman applicants whose first language is not English must show proof of their English language skills



- TOEFL 550/213/80
- ITEP of 4.5
- IELTS of 6.5
- EIKEN Grade 1
- Optional: Official SAT / ACT score reports (for students who do not need to submit a TOEFL / IELTS score, but who would like to be considered for Carroll merit scholarships). Carroll's school code is 4041. ***International students who are not interested in being considered for merit scholarships do not have to submit SAT or ACT scores.***
- Official secondary school transcripts of all secondary school work. An original copy of the secondary school transcript(s) and certificates in the original language (for all applicants who have never attended post-secondary education) and a copy translated into English of all transcripts and certificates are required. Transcripts must be paper copies, or if sent electronically, must come from the secondary school or government agency directly. Secondary school information will not be accepted from students or their families.
- Certified copies of official leaving certificates/diplomas
- Academic Merit Scholarships: the priority deadline for academic merit scholarship consideration is 1 March for entrance in August and 15 October for entrance in January. Merit awards are based on a combination of SAT/ACT **or** TOEFL/IELTS scores and secondary school grades.
- **Conditional admission** can be granted upon receipt of a completed application file and proof of English language training and successful completion from one of the following:
  - ELS Level 112
  - Columbia West College ESL Level VI (Los Angeles, CA)
  - The New England School of English Level 10 (Cambridge, MA)
  - Successful completion of Selnate International School's ESL program (Provo, UT)

For information regarding Carroll's AP and IB advanced standing credit policy, please see:

<http://www.carroll.edu/admission/apply/apib.cc>

**Transfer Student Requirements** (applicants who have completed one year or more of university/post-secondary school):

- Completed Application Form (Carroll online application or the Common Application)
- Letter of recommendation
- Application Fee of \$35 (waived if using the Carroll online or Common Application)
- Financial Documentation for F1 and J1 visa applicants only
- SEVIS transfer form, if applicable
- Minimum GPA of 2.5 on a 4.0 scale
- Official university/post-secondary school transcripts of all work completed to date: an original copy of the transcript(s) in the original language and a copy translated into English are required. Transcripts must be paper copies, or if sent electronically, must come from the university directly. Transcripts will not be accepted from students or their families.
- Academic Merit Scholarships: the priority deadline for academic merit scholarship consideration is 1 May for entrance in August and 15 October for entrance in January. Merit

awards are determined by the transfer GPA. Only academic course work can be considered for GPA calculations and transfer of credit. No ESL or remedial work will be factored into GPA calculations or be considered for transfer credit.

Though not required, Carroll encourages students to submit official credential evaluations; we suggest one of the following agencies:

- AACRAO: [www.aacrao.org](http://www.aacrao.org)
- ECE: [www.ece.org](http://www.ece.org)
- WES: [www.wes.org](http://www.wes.org)

## 6) Application deadlines and admission decisions

### FALL SEMESTER

Early Action I: 1 November (non-binding)  
Regular Decision: 1 March (First year) 15 March (Transfer)  
Late Consideration: 1 May (First year) 1 June (Transfer)

### SPRING SEMESTER

Regular Decision: 1 November (First year and Transfer)  
Late Consideration: 15 November (First year and Transfer)

The time needed to receive an admission decision is based on how quickly all required documents are received. The best way to ensure that an international application is completed as quickly as possible is to have students apply online and then submit all application documents to the Office of International Admission.



Applications will not be processed until **all** documents have been received. Once the application file is complete, it will take about 3-5 days for an admission decision to be made.

It is very important that students apply as early as possible so that they can allow for time to schedule an appointment at the American Embassy/Consulate in their country to apply for the F-1 student visa.

## 7) Scholarship information

First Year Academic Merit Awards (renewable for 3 years):

Bishop Carroll Level: \$17,000 + \$1,000 Opportunity Grant  
Presidential Level: \$15,000 + \$1,000 Opportunity Grant  
Trustee Level: \$13,000 + \$2,000 Opportunity Grant  
All Saints Level: \$11,000 + \$2,000 Opportunity Grant  
Founder's Level: \$8,000 + \$3,000 Opportunity Grant

All first year academic merit awards are based on a combination of official SAT/ACT score reports OR official TOEFL/IELTS score reports AND secondary school grades converted into the US 4.0 GPA scale.

### Transfer Student Academic Merit Awards:

Presidential Scholarship	\$12,000-- 3.5-4.0 GPA
Trustee Scholarship	\$10,000-- 3.0-3.49 GPA
All Saints Scholarship	\$8,000-- 2.5-2.99 GPA

### Phi Theta Kappa Scholarship

New transfer students may be eligible for a Carroll College Phi Theta Kappa Scholarship. Transfer students selected to Phi Theta Kappa National Honor Society, which recognizes outstanding academic achievement by students who attended a US community college, are eligible for this scholarship.

Students must indicate membership in Phi Theta Kappa on their application for admission, they must be enrolled full-time and maintain good academic standing to receive this renewable scholarship. The Phi Theta Kappa award amount is \$2,000 and is renewable for up to three consecutive years. Students must be in good academic standing and be enrolled full-time to retain the award.

## 8) Admitted students' next steps

Once the applicant is determined to be academically admissible, the applicant will receive the following items in the College's admission packet:

- ✓ The admission letter including any scholarship information if applicable
- ✓ Enrollment Deposit Form (students can pay by certified check payable in \$US, money order payable in \$US or credit card—some fees may apply)
- ✓ Welcome packet
- ✓ Academic calendar
- ✓ Cost of attendance information
- ✓ Immunization form: Montana Public Health Law requires all students born after 1 January 1957 to show proof of immunity against tuberculosis, measles, mumps and rubella (MMR), meningococcal meningitis disease, DPT and polio.
- ✓ Housing reservation and agreement form
- ✓ Meal plan application
- ✓ Health insurance information
- ✓ SEVIS payment instructions and F1 visa application instructions
- ✓ Form I-20 if the Confidential Financial Statement has been received
- ✓ Travel details form

It is important that newly accepted students pay their tuition deposit of \$400 by the 1 May deadline.

It is also important for international students to carefully review the dates for the start of the semester and notify Michelle Lewis about their arrival plans; a free airport pick-up is available to students who arrive on the official arrival dates.



## 9) Course registration information

After 1 May and once the enrollment deposit of \$400 has been paid, students receive an academic questionnaire by email. The student is asked a series of questions pertaining to future career goals and academic course work. The Carroll College academic advising team takes the student's answers, reviews the admission file and test scores to create the student's first semester schedule. Students are able to make changes to their schedule in consultation with an academic advisor through the first week of classes.

The regular course load is between 12-15 credits. Most courses are worth 3 credits, which means they meet three times a week for 50 minutes. Therefore, a 12-15 credit load is usually 4-5 classes. Some classes only meet twice a week, or even once a week, but a three credit class always meets for three hours. For example, a class that meets twice a week will meet for 1.5 hours each time. A class that meets once a week, usually in the evenings, meets for 3 hours.

All students on F1 visas must enroll in and complete a minimum of 12 credits each semester.

## 10) Transfer student information

Carroll is pleased to accept applications from transfer students. A transfer student is defined as someone who has attended at least one year of post-secondary school / university.

As outlined in the application section, transfer students must submit the following:

- Completed Application Form (Carroll online application or the Common Application)
- Letter of recommendation
- Application Fee of \$35 (waived if using the Carroll online or Common Application)
- Financial Documentation for F1 and J1 visa applicants only
- SEVIS transfer form, for students attending college or university in the US
- Minimum GPA of 2.5 on a 4.0 scale
- Official university/post-secondary school transcripts of all work completed to date: an original copy of the transcript(s) in the original language and a copy translated into English are required. Transcripts must be paper copies, or if sent electronically, must come from the university directly. Transcripts will not be accepted from students or their families.
- Academic Merit Scholarships: the priority deadline for academic merit scholarship consideration is 1 May for entrance in August and 15 October for entrance in January. Merit awards are determined by the transfer GPA.

Only academic course work will be considered for GPA calculations and transfer of credit. No ESL or remedial work will be factored into GPA calculations or be considered for transfer credit.

## 11) Cost of attendance

Tuition: \$30,104

Required fees: \$650

Room and Board: \$9,218 (double room and full meal plan = 19 meals/week)

Books and Supplies \$1000

Health Insurance: \$2000 (estimated—must show proof of insurance before beginning classes)

**TOTAL TO OBTAIN FORM I-20 / DS-2019: \$42,972**

\$400 enrollment deposit deadline: refundable until 30 April and non-refundable after 1 May. This deposit goes towards the student's tuition and is not in addition to the cost of attendance.

*PLEASE NOTE: Total includes tuition, fees, room, board, and estimated costs for mandatory health insurance.*

Students must also consider:

- ✓ Enrollment Reservation: \$400 (one-time fee—must be paid before 1 May)
- ✓ Orientation Fee: one-time fee of \$100 for all new students
- ✓ Transportation costs to and from Helena, Montana: \$1,900 (estimate)

## 12) Community Living (housing) information

**Community Living is committed to ...**

- ❖ Creating a safe and healthy living and learning environment.
- ❖ Creating and sustaining an atmosphere of experiential learning that challenges and supports the development of intellectual, interpersonal, physical, and psychological formation of students.
- ❖ Creating residence hall communities that reflect the values and mission of the College

Carroll College is committed to being an engaged residential learning community. Living on campus is an important and vital aspect to Carroll College, **so Carroll students are required to live on campus during their freshman and sophomore years.**

By living on campus, students become more engaged with college life. Research supports that students who live on-campus report greater overall satisfaction with their education, better access to college resources, improved academic performance, and more participation in campus activities. The education of students is significantly enhanced by the connection of learning in and out of the classroom.

Carroll is pleased to guarantee housing for all international students in our co-educational residence halls, which are designed to accommodate the living needs of today's college student on both a personal and academic level. Guadalupe, St. Charles and Borromeo halls separate the male and female students by wing and / or floor. Trinity Hall, for upper classmen, is suite-style apartment living. Each apartment is for men or women only, but is not separated by floor or wing. For married students, or students with small families, unfurnished apartments are also available on a full year lease basis.

International students who remain in Helena over the winter and spring breaks are allowed to remain on campus at no extra charge. They might be moved to a different hall (in which there will be a staff member in residence), but students who make arrangements ahead of time are allowed to remain on campus.

The halls provide a wide variety of services close to home including computer network ports and cable TV hook-ups; for those who want to work away from their rooms, the campus is entirely wireless. Each hall has a computer lab with the latest software where students can work on class projects without leaving their residence hall.

Basic room amenities for each student include a closet/wardrobe, a single bed, a dresser, a desk and a chair. Shared restroom and shower facilities are available on each floor in Guadalupe, Borromeo, and St. Charles. Suites in Trinity include a kitchen and seating area along with 2-4 sleeping rooms, a shared bathroom with a toilet, a sink and a shower. Common areas in each hall include a kitchen, laundry facilities and recreational lounges. For those who are interested, chapels are located in each hall, offering mass and other Campus Ministry events and services throughout the week.

A non-denominational prayer room is located in Borromeo Hall.

Each residence hall is staffed by a team of Community Advisors (CAs), who are trained students dedicated to building community. A CA lives on each residence hall floor and is available to provide advice, guidance, and leadership. Peer Ministers are student staff for Campus Ministry and also live with the students to provide spiritual support for students who are interested.

Campus Security is available from 19:00 to 07:00 every day. The security dispatch desk is staffed 24 hours a day and is located in Our Lady of Guadalupe Hall. Residence hall entrances are locked at 23:00 every night.

*Residence hall room, Guadalupe Hall*



*Trinity Hall, Carroll College*



For more detailed housing information, please see: <http://www.carroll.edu/students/community/index.cc>

### 13) Transportation options

The Helena Regional Airport (HLN) is about 10 minutes away from Carroll College. Direct flights to Helena come from Denver, Colorado (United Airlines); Salt Lake City, Utah and Minneapolis, Minnesota (Delta Airlines); and Seattle, Washington (Horizon / Alaska Airlines). There is limited bus service to Helena, and there is no bus service in Helena, but Carroll's central location means that it's easy for students to walk or bike. New international students are met at the airport on the official arrival days at the start of the new semester.



Students will find that they do not need a car when attending Carroll. Though some international students do have cars, the majority does not. Students rely on their friends to get to places to which they cannot walk. Carroll's close proximity to downtown means that students can walk or ride a bike to the movies, restaurants, coffee shops and arts and theaters.

### 14) Athletics at Carroll

Carroll is a member of the National Association of Intercollegiate Athletics (NAIA). All of Carroll's teams compete in the Frontier Conference, except for women's softball and men's soccer, which compete in the Cascade Conference. Carroll has a long tradition of championship teams, award winning coaches and numerous students who have won academic as well as athletic awards in their sport. NAIA schools are often small, liberal arts colleges and universities, but the level of competition remains very high.

Carroll teams include

Men's:

American Football  
Basketball  
Cross Country  
Golf  
Indoor Track and Field  
Soccer  
Club Hockey

Women's:

Basketball  
Cross Country  
Golf  
Indoor Track and Field  
Softball  
Soccer  
Volleyball

## 15) Living in the Rocky Mountains and recreational opportunities

Located near the base of Mt. Helena, the College sits on a lovely, tree-filled 85 acre (34.39 hectares) campus. Students are often surprised to see deer roaming about as they walk to class, meals or on-campus events. For those who want to get off campus, Helena offers quick access to almost any sport you can imagine, all the way from golfing to fishing, hiking, kayaking, snow shoeing, snowboarding and more! There is much to see and do.

Helena's art scene is one of the reasons it's referred to as the "Best Small Arts Town in the West". Visiting the [Holter Museum of Modern Art](#), [The Archie Bray Foundation](#), or one of the many art galleries located in the downtown area makes for a fun-filled day.

The majestic [Cathedral of St. Helena](#), houses a fifteen-bell carillon and exquisite stained glass windows. Musicians can enjoy a concert with the [Helena Symphony](#) and theater lovers can see a production at the [Montana Shakespeare Company](#) or at the [Grandstreet Theatre](#).

Helena life is fun and friendly. There are many restaurants and small bistros that offer a wide range of cuisines and many of them host live rock, jazz, blues and country music bands. The [Myrna Loy Center](#) offers Carroll students discounted tickets to movies and world-class theater, dance, and musical productions. The [Helena Civic Center](#) (just a few blocks from Carroll) brings ballet, plays and symphonies to town.

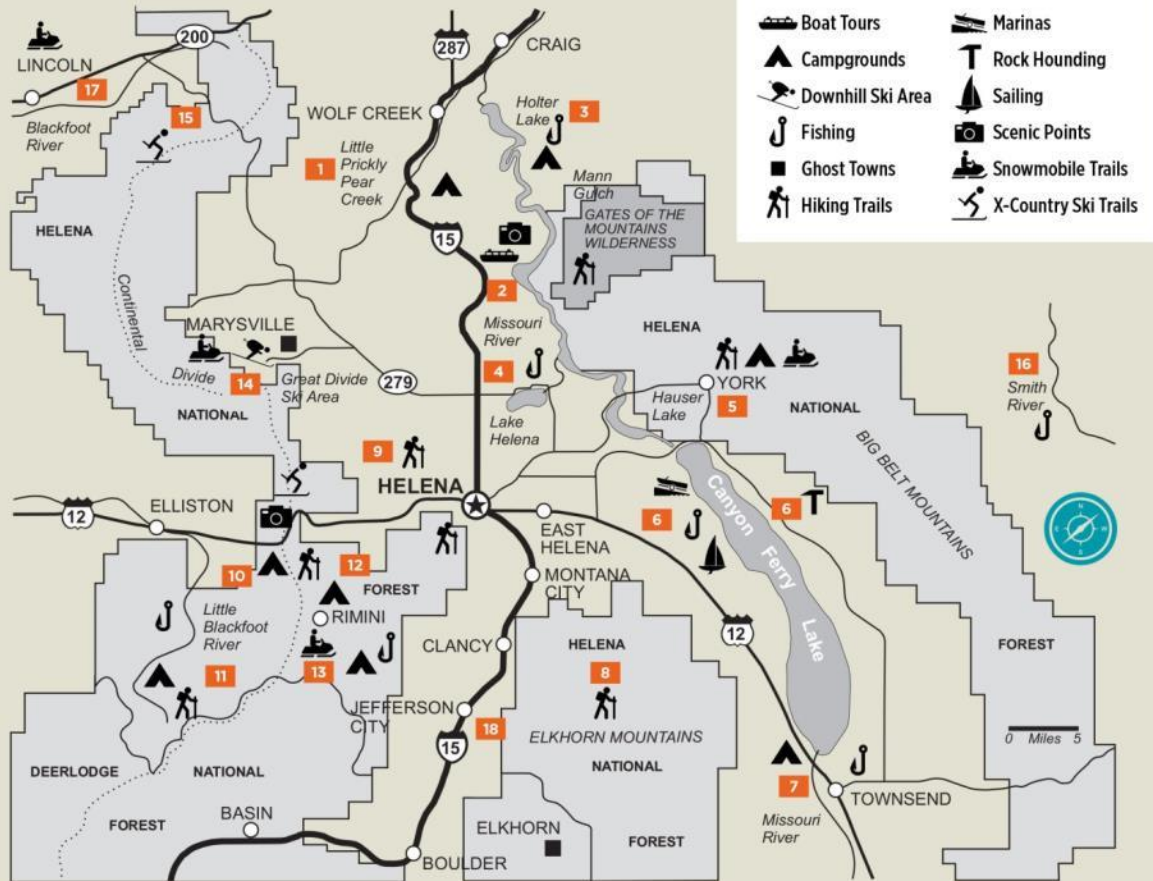
The [Montana Historical Society](#) offers a taste of Montana history plus priceless works by Western artists. Jazz festivals, rodeos, art shows, sled dog races, micro-brew reviews and a host of other public events occur throughout the year. The Montana Historical Society is also home to *The Magazine of Western History*, the most widely circulated magazine of its kind.

Finally, Helena is literally the gateway to nature's playground; if students enjoy the great outdoors, they will never be bored—and it's all so close! 75 miles of trails are just minutes away from campus, and opportunities for fishing, skiing, mountain biking, mountain climbing, hiking, kayaking and rafting all less than an hour away! With miles and miles of places to explore students will never run out of things to do.

*Glacier National Park*







- 1** **Wolf Creek Canyon** offers camping and fishing along Recreation Road.
- 2** **Gates of the Mountains** offers boat tours along the historic Missouri River, featuring stops at Meriwether Campground near the site of the tragic 1949 Mann Gulch Fire.
- 3** **Holter Lake** has camping and fishing along the eastern shore.
- 4** **Lake Helena** is a popular, year-round fishing and bird watching area.
- 5** **The Helena National Forest** surrounding the town of York has snowmobile and hiking trails as well as Vigilante Campground.
- 6** **Canyon Ferry Lake** is the center for water sports in the Helena area, offering complete boating services, campgrounds, and both public and private marinas.
- 7** **The Townsend Area** offers boating and fishing on Canyon Ferry Lake and the Missouri River.
- 8** **The Elkhorn Mountains** have scenic mountain trails and the ghost town of Elkhorn.
- 9** **Spring Meadow State Park** within the Capital City itself offers swimming, hiking, and fishing. **Mount Helena City Park** has six miles of hiking trails, plus access to the Mount Helena Ridge National Recreation Trail.
- 10** **MacDonald Pass**, 20 miles west of Helena, offers camping, cross-country skiing and hiking along the Continental Divide National Scenic Trail.

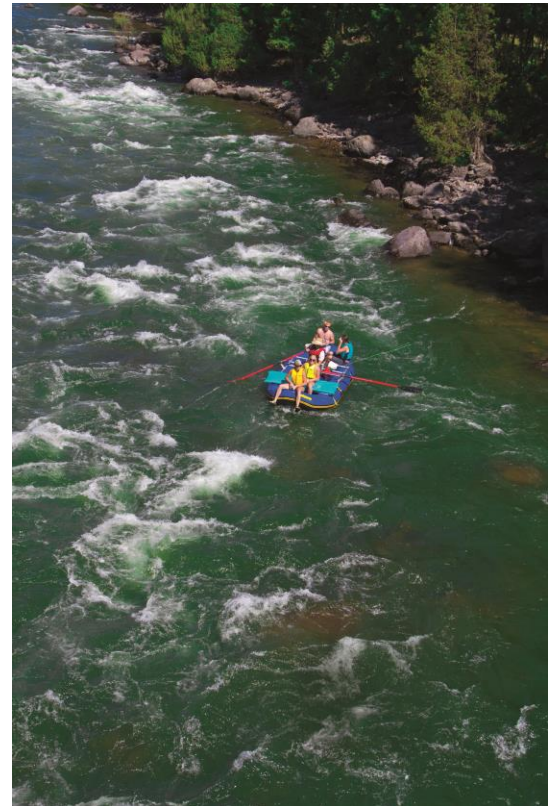
# find your way

- 11** **The Little Blackfoot River** near Elliston offers camping on the Helena National Forest and excellent fishing along the river.
- 12** **Rimini**, an old mining town, offers snowmobile trails in winter, and camping and picnicking at Moose Creek Campground and Tenmile Picnic Area.
- 13** **Park Lake**, 15 miles southwest of Helena, is popular for fishing and camping during the summer months.
- 14** **Great Divide Ski Area** offers down-hill skiing above the historic gold mining town of Marysville.
- 15** **Stemple Pass**, 30 miles northwest of Helena, has the finest cross-country and telemark skiing in the Helena area.
- 16** **The Smith River** is popular for its fine trout fishing and is 60 mile, three-to-four-day flat trips. Permit required.
- 17** **Lincoln and the Blackfoot River** valley are a popular gateway to the vast Bob Marshall-Scapegoat Wilderness complex. The area is renowned for its snowmobile and hiking trails.
- 18** **Tizer Botanic Gardens and Arboretum** includes thousands of plants and several theme gardens. Located 18 miles south of Helena on exit 176 on I-15.

## Average temperatures

Living in the Rocky Mountains means that temperatures can fluctuate dramatically; with little humidity year round, Helena is very arid. The climate is characterized as mostly dry and sunny throughout the year. In the fall (September – October) and spring (April-May) the days are warm, but start and end with cool mornings and evenings. The winter months can be cold and snowy, but usually offer very sunny days. The summer is hot and dry.

	Jan	Feb	Mar	Apr	May	Jun
Average high in °F/°C:	33/.55	39/4.0	48/9.0	58/14.5	67/19.5	76/24.5
Average low in °F/°C:	13/-10.5	17/-8.0	24/-4.5	32/0	41/5	49/9.5
Av. Precipitation in inches/mm:	0.35/8.9	0.31/7.8	0.59/15	0.98/25	1.85/47	2.05/52
Average snowfall in inches/mm:	6/152	5/127	6/152	4/102	1/25	0/0
	Jul	Aug	Sep	Oct	Nov	Dec
Average high in °F/°C:	86/30	85/29.5	73/23	59/15	43/6.0	32/0
Average low in °F/°C:	54/12	52/11	43/6.0	33/.55	22/-5.5	12/-11
Av. precipitation in inches/mm:	1.18/30	1.18/30	1.1/28	0.67/17	0.47/12	0.39/10
Average snowfall in inches/mm:	0/0	0/0	1/25	3/76	5/127	7/178



## 16) Important contacts and websites

### Vice President for Enrollment Services

Ms. Nina Lococo  
[nlococo@carroll.edu](mailto:nlococo@carroll.edu)  
+1-406-447-4316

### International Admission (PDSO)

Ms. Michelle Lewis, Director  
[mlewis@carroll.edu](mailto:mlewis@carroll.edu)  
+1-406-447-5406

### Student billing office

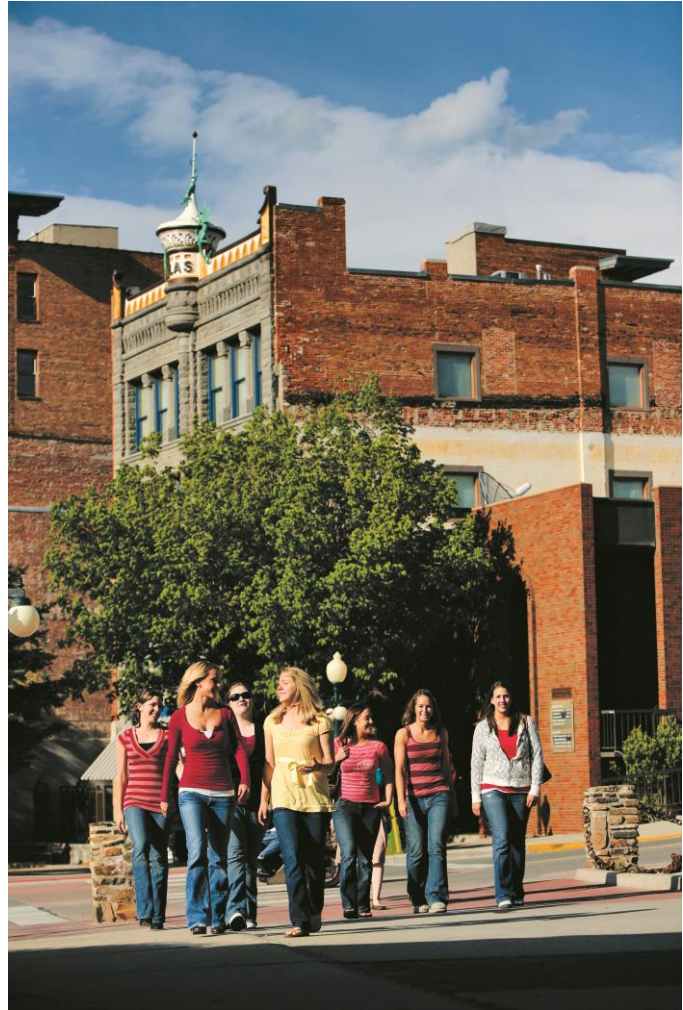
Ms. Lori Newell, Student Accounts Manager  
[lnewell@carroll.edu](mailto:lnewell@carroll.edu)  
+1-406-447-5429

### Housing office

Ms. Maureen Ward, Director of Student Life  
[mward@carroll.edu](mailto:mward@carroll.edu)  
+1-406-447-4378

### Academic Advising Center

Ms. Annette Walstad, Director  
[awalstad@carroll.edu](mailto:awalstad@carroll.edu)  
+1-406-447-5434



Helpful Carroll College websites:

Carroll College Home Page: <http://www.carroll.edu>

International Student Admission Page: <http://www.carroll.edu/admission/int/>

Admission Home Page: <http://www.carroll.edu/admission/index.cc>

Housing/Community Life Home Page: <http://www.carroll.edu/students/community/>

Student Life Home Page: <http://www.carroll.edu/students/>

Correct use of logo and marketing materials <http://www.carroll.edu/about/communications/index.cc>